

2012 Outdoor Rankings Senior Women

Time/Dist	Athlete	Date	Meet
100 Metres			
	Native Outdoor	11.58 Jul-04-03 Jenni Hucul STFC	
	Open Outdoor	11.50 Aug-11-75 Patricia Loverock BC	
12.02	0.0 Young, Michelle	92 STFC	16/06/2012 Provincial Championships
12.31	0.0 Ruller, Amanda	88 UNSK	16/06/2012 Provincial Championships
12.49	0.0 Margetts, Merissa	91 UOFR	16/06/2012 Provincial Championships
13.09	-0.5 Kowalchuk, Shaylyn	91 EXCL	26/05/2012 Windsor Open

Wind/No Wind

12.26	2.2 Ruller, Amanda	88 EXCL	27/06/2012 Senior Nationals
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Athlete With a Disability

17.08	0.7 Frie, Keira	87 CRTC	27/06/2012 Senior Nationals
18.30	1.7 Maiboll, Marianne	77 CRTC	17/05/2012 Daniela Jutzeler Memorial
31.53	0.7 Richter, Becky	82 CRTC	27/06/2012 Senior Nationals

200 Metres

	Native Outdoor	23.13 Jun-24-01 LaDonna Antoine-Watkins RAT
	Open Outdoor	22.85 Aug-02-81 Angella Taylor ON

23.90	1.9 Theisen, Brianne	88 UNSK	05/05/2012 Pac 12 C/E
25.57	0.3 Young, Michelle	92 STFC	10/07/2012 Hub City Twilite
25.82	0.6 Mann, Jenna	92 STFC	26/04/2012 Glenn Morris C/E
25.96	1.1 Bohachewski, Kelsey	92 EXCL	16/06/2012 Provincial Championships
26.05	0.0 Ruller, Amanda	88 UNSK	16/06/2012 Provincial Championships
26.50	1.1 Haselhan, Shalane	91 EXCL	16/06/2012 Provincial Championships
27.00	0.5 Abrams, Andrea	90 UNSK	14/04/2012 Emilie Mondor Open

Athlete With a Disability

31.84	0.0 Frie, Keira	87 CRTC	27/06/2012 Senior Nationals
1:03.43	1.6 Richter, Becky	82 CRTC	17/05/2012 Daniela Jutzeler Memorial

400 Metres

	Native Outdoor	50.92 Sep-23-00 LaDonna Antoine RAT
	Open Outdoor	50.92 Sep-23-00 LaDonna Antoine RAT

53.72	Theisen, Brianne	88 UNSK	21/04/2012 Oregon Relays
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**2012 Outdoor Rankings
Senior Women**

Time/Dist	Athlete	Date	Meet
400 Metres Cont'd			
53.89	Omene, Ese	85 UNSK 26/05/2012	Windsor Open
56.27	Simon, Ashlynn	92 QCST 17/03/2012	Aztec Invite
58.76	Banks, Amanda	91 UOFS 17/07/2012	Hub City Twilite 3
1:02.53	Henares, Jami-Dawn	92 STFC 16/06/2012	Provincial Championships
1:03.22	Hanbidge, Katie	90 UOFS 16/06/2012	Provincial Championships

Athlete With a Disability

59.47	Frie, Keira	87 CRTC 27/06/2012	Senior Nationals
1:03.92	Maiboll, Marianne	77 CRTC 17/05/2012	Daniela Jutzeler Memorial
2:16.54	Richter, Becky	82 CRTC 17/05/2012	Daniela Jutzeler Memorial

800 Metres

Native Outdoor 2:05.40 Apr-07-07 Amber McGown TIS
Open Outdoor 2:05.40 Apr-07-07 Amber McGown TIS

2:08.07	Simon, Ashlynn	92 QCST 10/05/2012	Summit League
2:09.83	Furlan, Jessica	90 EXCL 16/06/2012	Provincial Championships
2:12.32	Charles, Elecktra	92 RIVA 16/06/2012	Provincial Championships
2:12.99	Theisen, Brianne	88 UNSK 05/05/2012	Pac 12 C/E
2:15.11	Banks, Amanda	91 RIVA 16/06/2012	Provincial Championships
2:15.46	Souter, Jennifer	83 QCST 08/06/2012	Pre-Jerome
2:22.86	Elliott, Brittany	91 UOFS 10/07/2012	Hub City Twilite
2:29.78	Bohachewski, Kelsey	92 EXCL 16/06/2012	Provincial Championships
2:36.56	Mann, Jenna	92 STFC 26/04/2012	Glenn Morris C/E
2:57.03	Haselhan, Shalane	91 EXCL 16/06/2012	Provincial Championships

Athlete With a Disability

1:57.23	Frie, Keira	87 CRTC 04/09/2012	Paralympic Games
2:09.40	Maiboll, Marianne	77 CRTC 17/05/2012	Daniela Jutzeler Memorial

1500 Metres

Native Outdoor 4:14.39 Mar-31-07 Amber McGown TIS
Open Outdoor 4:14.39 Mar-31-07 Amber McGown TIS

4:22.60	Kujawa, Kate	91 EXCL 28/04/2012	Payton Jordan Invite
4:33.58	Souter, Jennifer	83 QCST 12/06/2012	Harry Jerome
4:33.66	Hinther, Ashley	84 UNSK 21/05/2012	Tempe High Performance
4:34.89	Souter, Jodi	88 UOFS 12/06/2012	Harry Jerome

**2012 Outdoor Rankings
Senior Women**

Time/Dist	Athlete			Date	Meet
1500 Metres Cont'd					
4:41.10	Furlan, Jessica	90	EXCL	25/04/2012	Drake Relays
4:43.99	Kennelly, Bevin	84	UNSK	16/06/2012	Provincial Championships
4:51.74	Elliott, Brittany	91	UOFS	17/07/2012	Hub City Twilite 3
4:52.77	Charles, Elecktra	92	UOFS	17/07/2012	Hub City Twilite 3
4:54.75	Thiel, Danielle	92	EXCL	16/06/2012	Provincial Championships

Athlete With a Disability

3:26.42	Frie, Keira	87	CRTC	17/05/2012	Daniela Jutzeler Memorial
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3000 Metres

Native Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST
Open Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST

9:58.28	Kujawa, Kate	91	EXCL	17/03/2012	Tulsa Duels
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5000 Metres

Native Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCST
Open Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCST

16:42.79	Kennelly, Bevin	84	UNSK	23/05/2012	London Distance Classic
16:54.83	Hinther, Ashley	84	UNSK	28/04/2012	Payton Jordan Invite
17:18.41	Souter, Jodi	88	UOFS	08/06/2012	Pre-Jerome
18:24.98	Thiel, Danielle	92	EXCL	16/06/2012	Provincial Championships

Athlete With a Disability

12:28.86	Frie, Keira	87	CRTC	04/09/2012	Paralympic Games
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10,000 Metres

Native Outdoor 33:23.22 May-02-09 Danette Doetzel QCST
Open Outdoor 33:23.22 May-02-09 Danette Doetzel QCST

36:43.10	Kennelly, Bevin	84	EXCL	27/06/2012	Senior Nationals
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**2012 Outdoor Rankings
Senior Women**

Time/Dist	Athlete	Date	Meet
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100m Hurdles .84m

Native Outdoor	13.39 Jun-09-10	Brianne Theisen	OR/STFC
Open Outdoor	13.39 Jun-09-10	Brianne Theisen	OR/STFC

13.09	-0.6	Theisen, Brianne	88	UNSK	27/06/2012	Senior Nationals
14.09	0.9	Young, Michelle	92	STFC	09/06/2012	CALTAF
14.13	1.8	Mann, Jenna	92	STFC	09/05/2012	Mtn West Conference
14.66	0.2	Kowalchuk, Shaylyn	91	EXCL	16/06/2012	Provincial Championships
15.13	0.7	Bohachewski, Kelsey	92	UOFR	27/06/2012	Senior Nationals
15.21	-0.6	Valois, Chelsea	87	EXCL	27/06/2012	Senior Nationals
15.27	-0.3	Abrams, Andrea	90	UNSK	14/04/2012	Emilie Mondor Open
15.96	0.4	Haselhan, Shalane	91	EXCL	16/06/2012	Provincial Championships

Wind/No Wind

13.95	2.5	Mann, Jenna	92	STFC	04/05/2012	Front Range Classic
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400m Hurdles .76m

Native Outdoor	56.10 Jul-11-83	Gwen Wall	RIV
Open Outdoor	56.10 Jul-11-83	Gwen Wall	RIV

1:12.88		Hanbidge, Katie	90	UOFS	16/06/2012	Provincial Championships
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3000m Steeple Chase

Native Outdoor	10:16.32 Jul-23-06	Jessica Furlan	EXA
Open Outdoor	10:16.32 Jul-23-06	Jessica Furlan	EXA

10:03.70		Furlan, Jessica	90	EXCL	13/06/2012	American Milers Series 3
10:25.01		Kujawa, Kate	91	EXCL	26/05/2012	NCAA Div 1 West

High Jump

Native Outdoor	1.87m Aug-22-75	Diane Jones	STFC
Open Outdoor	1.87m Aug-22-75	Diane Jones	STFC

1.84m		Theisen, Brianne	88	UNSK	06/06/2012	NCAA Championships
1.65m		Valois, Chelsea	87	UOFR	12/05/2012	Spring Classic
1.63m		Haselhan, Shalane	91	EXCL	16/06/2012	Provincial Championships
1.59m		Mann, Jenna	92	STFC	26/04/2012	Glenn Morris C/E
1.55m		Ritchie, Shona	92	RIVA	16/06/2012	Provincial Championships
1.44m		Bohachewski, Kelsey	92	UOFR	27/06/2012	Senior Nationals

**2012 Outdoor Rankings
Senior Women**

Time/Dist	Athlete	Date	Meet
Pole Vault			
	Native Outdoor	4.55m Jul-12-05 Kelsie Hendry RIV	
	Open Outdoor	4.55m Jun-27-04 Kelsie Hendry RIV	
4.52m	Hendry, Kelsie	82 RIVA 26/04/2012	Triton Invitational
4.12m	Vause, Leah	87 RIVA 26/04/2012	Triton Invitational
3.60m	Hill, Teresa	87 UOFS 10/07/2012	Hub City Twilite
Long Jump			
	Native Outdoor	6.62m Jul-22-99 Vanessa Monar-Enweani U of S	
	Open Outdoor	6.62m Jul-22-99 Vanessa Monar-Enweani U of S	
6.32m	1.7 Theisen, Brianne	88 UNSK 27/06/2012	Senior Nationals
5.34m	-1.1 Haselhan, Shalane	91 EXCL 16/06/2012	Provincial Championships
5.29m	0.6 Bohachewski, Kelsey	92 EXCL 16/06/2012	Provincial Championships
5.09m	0.0 Mann, Jenna	92 STFC 26/04/2012	Glenn Morris C/E
Wind/No Wind			
5.53m	NWI Mann, Jenna	92 STFC 04/05/2012	Front Range Classic
4.58m	NWI Hanbidge, Katie	90 UOFS 16/06/2012	Provincial Championships
Triple Jump			
	Native Outdoor	12.74m Apr-30-94 Tracy Dulmage RAT	
	Open Outdoor	12.74m Apr-30-94 Tracy Dulmage RAT	
12.67m	1.4 Hetherton, Chloe	92 UNSK 16/03/2012	Bulls Invite
10.95m	0.8 Ritchie, Shona	92 RIVA 16/06/2012	Provincial Championships
Shot Put 4kg			
	Native Outdoor	15.98m Aug-04-95 Shannon K-Kristiansen RAT	
	Open Outdoor	16.25m Aug-02-81 Carmen Ionesco QU	
16.24m	Suttie, Taryn	90 STFC 08/06/2012	Pre-Jerome
13.21m	Theisen, Brianne	88 UNSK 27/06/2012	Senior Nationals
12.55m	Gabruch, Karla	78 UOFS 14/05/2012	Hub City Twilite #1
10.75m	Bohachewski, Kelsey	92 UOFR 27/06/2012	Senior Nationals
10.47m	Olchowoy, Janelle	89 STFC 16/06/2012	Provincial Championships
10.34m	Wolfe, Danika	92 UOFR 18/05/2012	Chinook Throws Gala
10.14m	Haselhan, Shalane	91 EXCL 12/05/2012	Spring Classic

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Time/Dist	Athlete			Date	Meet
Shot Put 4kg Cont'd					
10.09m	Mann, Jenna	92	STFC	26/04/2012	Glenn Morris C/E
Discus 1kg					
	Native Outdoor	57.70m	Sep-08-88	Gale Dolegiewicz	Team SK
	Open Outdoor	57.70m	Sep-08-88	Gale Dolegiewicz	Team SK
43.57m	Rak, Breanna	91	UNSK	16/06/2012	Provincial Championships
37.08m	Gabruch, Karla	78	UOFS	18/05/2012	Chinook Throws Gala
34.82m	Wolfe, Danika	92	EXCL	12/05/2012	Spring Classic
Hammer 4kg					
	Native Outdoor	61.74m	Jun-18-06	Megan Reid	STFC
	Open Outdoor	61.74m	Jun-18-06	Megan Reid	STFC
46.21m	Gabruch, Karla	78	UOFS	14/05/2012	Hub City Twilite #1
39.93m	Olchoway, Janelle	89	UOFS	18/05/2012	Chinook Throws Gala
Javelin 600gm					
	Native Outdoor	61.74m	Jun-18-06	Megan Reid	STFC
	Open Outdoor	61.74m	Jun-18-06	Megan Reid	STFC
46.38m	Theisen, Brianne	88	UNSK	06/06/2012	NCAA Championships
33.88m	Haselhan, Shalane	91	EXCL	16/06/2012	Provincial Championships
33.28m	Mann, Jenna	92	STFC	14/04/2012	Wyoming Snowball Open
30.79m	Gabruch, Karla	78	UOFS	14/05/2012	Hub City Twilite #1
30.50m	Bohachewski, Kelsey	92	EXCL	16/06/2012	Provincial Championships
23.55m	Flavel, Meghan	92	UNSK	07/04/2012	UBC Open
Heptathlon					
	Native Outdoor	6094	Jun-09-10	Brianne Theisen	OR/STFC
	Open Outdoor	6094	Jun-09-10	Brianne Theisen	OR/STFC
6440	Theisen, Brianne	88	UNSK	06/06/2012	NCAA Championships
	13.30 (-0.4) 100mH/1.84m HJ/12.92m SP/24.09 200/6.28m (1.7)/46.38m JT/2:13.81 800m				
4720	Mann, Jenna	92	STFC	26/04/2012	Glenn Morris C/E
	14.15 (-1.1) 100mH/1.59m HJ/10.09m SP/25.82 (0.6) 200m/5.09m (0.0) LJ/30.91m JT/2:36.53 800m				

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Heptathlon Cont'd					
4417	Bohachewski, Kelsey	92	EXCL	16/06/2012	Provincial Championships
15.67 (0.4) 100mH/1.39m HJ/10.11m SP/25.96(1.1) 200m/5.29m (0.6) LJ/30.50m JT/2:29.78 800m					
4372	Haselhan, Shalane	91	EXCL	16/06/2012	Provincial Championships
15.96 (0.4) 100mH/1.63m HJ/10.03m SP/26.50 (1.1) 200m/5.34m (-1.1) LJ/33.88m JT/2:57.04 800m					
1503	Valois, Chelsea	87	EXCL	27/06/2012	Senior Nationals
15.21 (-0.6) 100mH/1.56m HJ/DNF					