

2015 Outdoor Rankings Master Women

Time/Dist		Athlete			Date	Location
50 Metres						
7.68	-1.0	Sandi Arnason	73	RIVA	13/06/2015	Regina
8.14	-1.0	Carol LaFayette-Boyd	42	EXCL	13/06/2015	Regina
9.15	-1.0	Selina Coward	54	EXCL	13/06/2015	Regina
100 Metres						
14.37	0.6	Sandi Arnason	73	RIVA	13/06/2015	Regina
14.67	0.6	Kelly Silcox	66	UNSK	13/06/2015	Regina
15.13	0.6	Carol LaFayette-Boyd	42	EXCL	13/06/2015	Regina
17.75	0.6	Selina Coward	54	EXCL	13/06/2015	Regina
200 Metres						
30.48	0.7	Andrea Kozan	72	EXCL	13/06/2015	Regina
30.86	0.7	Kelly Silcox	66	UNSK	13/06/2015	Regina
32.41	-0.9	Carol LaFayette-Boyd	42	EXCL	17/07/2015	Ontario
800 Metres						
3:28.46		Judy Warick	49	SCTM	13/06/2015	Regina
80m Hurdles						
13.98	0.8	Muriel Gieni	58	RIVA	13/06/2015	Regina
High Jump						
1.31m		Sandi Arnason	73	RIVA	13/06/2015	Regina
1.25m		Carol LaFayette-Boyd	42	EXCL	17/07/2015	Ontario
Pole Vault						
2.00m		Muriel Gieni	58	RIVA	09/05/2015	Regina

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Long Jump						
4.28m	0.0	Muriel Gieni	58	RIVA	13/06/2015	Regina
4.25m	0.3	Sandi Arnason	73	RIVA	13/06/2015	Regina
3.94m	0.0	Carol LaFayette-Boyd	42	EXCL	13/06/2015	Regina
Wind/No Wind						
3.96m	NWI	Carol LaFayette-Boyd	42	EXCL	09/05/2015	Regina
Triple Jump						
9.32m	1.0	Muriel Gieni	58	RIVA	13/06/2015	Regina
8.90m	1.0	Sandi Arnason	73	RIVA	13/06/2015	Regina
7.79m	0.2	Carol LaFayette-Boyd	42	EXCL	13/06/2015	Regina
Shot Put						
10.23m		Margaret Tosh	37	STFC	25/07/2015	Saskatoon
9.49m		Selina Coward	54	EXCL	09/05/2015	Regina
6.97m		Vi Mizuno	51	SCTM	25/07/2015	Saskatoon
6.36m		Jean Healey	48	SCTM	13/06/2015	Regina
6.31m		Mary Ore	49	SCTM	25/07/2015	Saskatoon
Discus						
24.07m		Margaret Tosh	37	STFC	13/06/2015	Regina
21.95m		Vi Mizuno	51	SCTM	13/06/2015	Regina
20.60m		Selina Coward	54	EXCL	25/07/2015	Saskatoon
19.94m		Jean Healey	48	SCTM	13/06/2015	Regina
19.13m		Judy Warick	49	SCTM	13/06/2015	Regina
18.94m		Mary Ore	49	SCTM	13/06/2015	Regina
Hammer						
34.10m		Margaret Tosh	37	STFC	30/07/2015	Saskatoon
21.49m		Vi Mizuno	51	SCTM	25/07/2015	Saskatoon
19.60m		Jean Healey	48	SCTM	13/06/2015	Regina
17.22m		Mary Ore	49	SCTM	25/07/2015	Saskatoon

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Javelin					
24.13m	Margaret Tosh	37	STFC	30/07/2015	Saskatoon
20.26m	Vi Mizuno	51	SCTM	13/06/2015	Regina
15.48m	Mary Ore	49	SCTM	13/06/2015	Regina
13.78m	Jean Healey	48	SCTM	13/06/2015	Regina
Weight Throw					
13.58m	Margaret Tosh	37	STFC	13/06/2015	Regina
10.57m	Vi Mizuno	51	SCTM	25/07/2015	Saskatoon
9.60m	Jean Healey	48	SCTM	13/06/2015	Regina
6.85m	Mary Ore	49	SCTM	25/07/2015	Saskatoon
Weight Pentathlon					
5361 pts	Margaret Tosh	37	STFC	19/09/2015	Saskatoon
	HT 34.27m; SP 10.26m; DT 23.30m; JT 24.23m; WT 12.83m				
2771 pts	Vi Mizuno	51	SCTM	25/07/2015	Saskatoon
	HT 21.49m; SP 6.97m; DT 21.03m; JT 18.88m; WT 10.57m				
2596 pts	Jean Healey	48	SCTM	19/09/2015	Saskatoon
	HT 21.73m; SP 5.88m; DT 18.95m; JT 13.15m; WT 8.36m				
2369 pts	Marilyn McCloy Cornish	55	UNSK	19/09/2015	Saskatoon
	HT 18.52m; SP 7.04m; DT 17.55m; JT 18.62m; WT 8.36m				
2254 pts	Mary Ore	49	SCTM	19/09/2015	Saskatoon
	HT 17.98m; SP 6.19m; DT 15.35m; JT 14.80m; WT 6.28m				