

## 2019 Indoor Rankings

### Senior Women

Time/Dist	Athlete	Date	Location
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#### 60 Metres

Native Indoor	7.45	Feb-09-03	Jenni Hucul STFC
Open Indoor	7.18	Jan-14-96	Carlette Guidry/Philomena Mensah Adidas/BC

7.54	Michelle Harrison	92	UOFS	07/03/2019	Manitoba
7.72	Merissa Margetts	91	URTC	08/02/2019	Regina
7.77	Rachel Rosin	96	UNSK	22/02/2019	Alberta
7.82	Katelyn Lehner	95	UOFS	18/01/2019	Alberta
7.86	Joely Welburn	99	UOFR	11/01/2019	Saskatoon
7.86	Ashlyn Mooney	99	UOFS	11/01/2019	Saskatoon
8.03	Laura Huck	96	UOFR	08/12/2018	Regina
8.04	Kendra Farmer	99	UOFS	01/12/2018	Saskatoon
8.04	Mackenzi Kleiter	95	UOFS	01/12/2018	Saskatoon
8.06	Rebecca Barkway	99	UOFS	01/12/2018	Saskatoon
8.07	Rose Pickering	97	UOFS	01/12/2018	Saskatoon
8.18	Monique Coutu	90	STFC	11/01/2019	Saskatoon
8.19	Olivia Lawrence	99	UOFR	08/12/2018	Regina
8.26	Jasmine Farthing	98	UOFR	08/12/2018	Regina
8.28	Rachel Miller	97	UOFS	18/01/2019	Alberta
8.29	Jules Hansen	98	UOFR	08/02/2019	Alberta
8.32	Lauren Ochitwa	96	UOFS	01/12/2018	Saskatoon
8.41	Molly Yungmann	98	UOFR	11/01/2019	Saskatoon
8.77	Kayla Wharton	93	UOFS	01/12/2018	Saskatoon

#### Athlete with a Disability

8.90	Lindsay Kinnear	88	EXCL	08/12/2018	Regina
11.89	Addison Czaya-Wolly	90	SOSK	05/04/2019	Saskatoon
12.15	Denae Upton	90	SOSK	05/04/2019	Saskatoon

#### 100 Metres

#### Athlete with a Disability

19.64	Denae Upton	90	SOSK	24/01/2019	Saskatoon
22.17	Addison Czaya-Wolly	90	SOSK	24/01/2019	Saskatoon

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#### 200 Metres

Native Indoor	23.90	Jan-31-97	LaDonna Antoine	RAT
Open Indoor	23.68	Feb-04-10	Kaltouma Nadjina	CHAD

24.35	Michelle Harrison	92	UOFS	08/02/2019	Massachusetts
25.14	Ashlyn Mooney	99	UOFS	01/12/2018	Saskatoon
25.44	Jansen Ziola	99	UNSK	21/02/2019	Montana
25.60	Joely Welburn	99	UOFR	08/12/2018	Regina
26.11	Kendra Farmer	99	UOFS	01/12/2018	Saskatoon
26.42	Olivia Lawrence	99	UOFR	08/12/2018	Regina
26.58	Mackenzi Kleiter	95	UOFS	01/12/2018	Saskatoon
26.90	Laura Huck	96	UOFR	08/12/2018	Regina
26.96	Michaela Allen	97	UOFR	08/12/2018	Regina
27.00	Rose Pickering	97	UOFS	01/12/2018	Saskatoon
27.80	Renae Wenzel	99	UOFS	01/12/2018	Saskatoon
28.14	Molly Yungmann	98	UOFR	08/12/2018	Regina
28.19	Hannah Strinholm	99	UOFR	08/02/2019	Regina
28.40	Jasmine Farthing	98	UOFR	08/12/2018	Regina
28.69	Danielle Major	97	UOFR	08/12/2018	Regina

#### Athlete with a Disability

30.52	Lindsay Kinnear	88	EXCL	08/12/2018	Regina
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#### 300 Metres

Native Indoor	37.47	Feb-14-16	Brianne Theisen-Eaton	UNSK
Open Indoor	36.91	Dec-30-80	Angella Taylor	ON

39.14	Michelle Harrison	92	UOFS	07/03/2019	Manitoba
39.48	Ashlyn Mooney	99	UOFS	22/02/2019	Alberta
40.33	Kendra Farmer	99	UOFS	08/02/2019	Alberta
40.86	Leadon Chartier	98	UOFS	22/02/2019	Alberta
41.07	Michaela Allen	97	UOFR	22/02/2019	Alberta
41.14	Mackenzi Kleiter	95	UOFS	22/02/2019	Alberta
41.44	Laura Huck	96	UOFR	22/02/2019	Alberta
41.58	Rachel Rosin	96	UNSK	08/02/2019	Alberta
42.58	Renae Wenzel	99	UOFS	22/02/2019	Alberta
43.09	Micah Strueby	99	UOFS	11/01/2019	Saskatoon
43.21	Kellie Onda-Inglis	97	UOFS	11/01/2019	Saskatoon

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#### 300 Metres Cont'd

44.31	Molly Yungmann	98	UOFR	18/01/2019	Alberta
44.82	Olivia Lawrence	99	UOFR	22/02/2019	Alberta
45.22	Jasmine Galey	95	UOFR	11/01/2019	Saskatoon
45.56	Hannah Strinholm	99	UOFR	11/01/2019	Saskatoon

#### Athlete with a Disability

49.97	Lindsay Kinnear	88	EXCL	24/01/2019	Saskatoon
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#### 400 Metres

Native Indoor	53.05	Feb-12-94	LaDonna Antoine	RAT
Open Indoor	52.78	Jan-08-93	Jillian Richardson	AB

1:03.23	Hannah Strinholm	99	UOFR	08/02/2019	Regina
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#### 600 Metres

Native Indoor	1:28.76	Jan-15-84	Gwen Wall	U of S
Open Indoor	1:28.76	Jan-15-84	Gwen Wall	U of S

1:28.70	Julianne Labach	96	UOFS	07/03/2019	Manitoba
1:34.18	Michaela Allen	97	UOFR	22/02/2019	Alberta
1:35.87	Robyn Ham	98	UOFR	22/02/2019	Alberta
1:38.74	Kellie Onda-Inglis	97	UOFS	22/02/2019	Alberta
1:40.29	Micah Strueby	99	UOFS	08/02/2019	Alberta
1:40.35	Kelsey Haczekwicz	99	UOFR	22/02/2019	Alberta
1:41.91	Jasmine Galey	95	UOFR	22/02/2019	Alberta
1:43.14	Adriana Davis	96	UOFR	08/12/2018	Regina
1:45.40	Hannah Strinholm	99	UOFR	11/01/2019	Saskatoon
1:46.50	Sonia Rees	94	UOFS	01/12/2018	Saskatoon

#### 800 Metres

Native Indoor	2:07.10	Feb-25-12	Jessica Furlan	NE/EXCL
Open Indoor	2:03.72	Dec-17-91	Charmaine Crooks	BC

2:06.26	Julianne Labach	96	UOFS	08/02/2019	Massachusetts
2:06.31	Adrea Propp	92	UNSK	26/01/2019	Washington

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#### 800 Metres Cont'd

2:19.99	Jansen Ziola	99	UNSK	21/02/2019	Montana
2:23.14	Ashlyn Mooney	99	UOFS	07/03/2019	Manitoba
2:27.52	Amy Manske	97	UOFS	15/03/2019	Saskatoon
2:32.18	Gabriella Antaya	98	UOFS	15/03/2019	Saskatoon

#### 1000 Metres

Native Indoor	2:43.73	Feb-23-18	Julianne Labach	UofS
Open Indoor	2:43.73	Feb-23-18	Julianne Labach	UofS

2:39.98	Julianne Labach	96	UOFS	08/02/2019	Massachusetts
2:46.48	Courtney Hufsmith	98	UOFS	18/01/2019	Alberta
2:57.09	Robyn Ham	98	UOFR	22/02/2019	Alberta
3:00.77	Kaila Neigum	99	UOFR	11/01/2019	Saskatoon
3:07.11	Adriana Davis	96	UOFR	11/01/2019	Saskatoon
3:09.05	Courtney Moffatt	91	UOFS	11/01/2019	Saskatoon
3:09.13	Tianna Dodds	97	UOFR	08/02/2019	Alberta
3:10.10	Hillary Mehlhorn	95	UOFS	11/01/2019	Saskatoon
3:13.72	Natalia Bidulka	99	UOFS	11/01/2019	Saskatoon
3:17.09	Amy Manske	97	UOFS	24/01/2019	Saskatoon
3:22.77	Gabriella Antaya	98	UOFS	24/01/2019	Saskatoon
3:25.91	Sonia Rees	94	UOFS	11/01/2019	Saskatoon

#### 1500 Metres

Native Indoor	4:23.17	Feb-24-18	Julianne Labach	UofS
Open Indoor	4:23.17	Feb-24-18	Julianne Labach	UofS

4:18.66	Courtney Hufsmith	98	UOFS	07/03/2019	Manitoba
4:26.59	Julianne Labach	96	UOFS	07/03/2019	Manitoba
4:46.23	Kaytlyn Criddle	89	EXCL	01/02/2019	Manitoba
4:50.30	Kaila Neigum	99	UOFR	22/02/2019	Alberta
4:54.22	Courtney Moffatt	91	UOFS	22/02/2019	Alberta
4:55.61	Tianna Dodds	97	UOFR	08/02/2019	Alberta
4:57.65	Adriana Davis	96	UOFR	22/02/2019	Alberta
4:58.55	Hillary Mehlhorn	95	UOFS	22/02/2019	Alberta
5:04.10	Natalia Bidulka	99	UOFS	08/02/2019	Alberta
5:07.76	Gabriella Antaya	98	UOFS	15/03/2019	Saskatoon

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#### 3000 Metres

Native Indoor	9:13.12	Feb-22-09	Danette Doetzel	RI/QCST
Open Indoor	9:13.12	Feb-22-09	Danette Doetzel	RI/QCST

9:08.47	Courtney Hufsmith	98	UOFS	08/02/2019	Massachusetts
10:16.51	Kaytlyn Criddle	89	EXCL	08/02/2019	Regina
10:41.95	Hillary Mehlhorn	95	UOFS	08/02/2019	Alberta
10:43.34	Natalia Bidulka	99	UOFS	08/02/2019	Alberta
10:45.31	Kaila Neigum	99	UOFR	08/12/2018	Regina
10:45.74	Courtney Moffatt	91	UOFS	08/02/2019	Alberta
10:51.12	Tianna Dodds	97	UOFR	18/01/2019	Alberta
11:25.55	Elizabeth Tomczak	86	UNSK	08/02/2019	Regina
13:30.33	Marit Neff	90	EXCL	08/02/2019	Regina

#### One Mile

4:37.38	Courtney Hufsmith	98	UOFS	26/01/2019	Washington
4:38.15	Julianne Labach	96	UOFS	26/01/2019	Washington
4:54.13	Jasmine Fehr	99	STFC	12/01/2019	UW Indoor
5:13.32	Kaila Neigum	99	UOFR	11/01/2019	Saskatoon
5:21.45	Adriana Davis	96	UOFR	11/01/2019	Saskatoon
5:27.08	Courtney Moffatt	91	UOFS	11/01/2019	Saskatoon
5:30.88	Tianna Dodds	97	UOFR	11/01/2019	Saskatoon
5:31.90	Hillary Mehlhorn	95	UOFS	11/01/2019	Saskatoon
5:33.44	Natalia Bidulka	99	UOFS	11/01/2019	Saskatoon
5:57.61	Sonia Rees	94	UOFS	11/01/2019	Saskatoon

#### 60m Hurdles .84m

Native Indoor	8.04	Mar-18-16	Brianne Theisen	UNSK
Open Indoor	8.04	Mar-18-16	Brianne Theisen	UNSK

8.24	Astrid Nyame	94	UNSK	02/02/2019	Arizona
8.27	Michelle Harrison	92	UOFS	07/03/2019	Manitoba
8.39	Katelyn Lehner	95	UOFS	22/02/2019	Alberta
8.50	Jansen Ziola	99	UNSK	21/02/2019	Montana
8.64	Ashlyn Mooney	99	UOFS	22/02/2019	Alberta
8.68	Joely Welburn	99	UOFR	22/02/2019	Alberta
8.87	Rebecca Barkway	99	UOFS	18/01/2019	Alberta
9.30	Leadon Chartier	98	UOFS	01/12/2018	Saskatoon

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#### 60m Hurdles .84m Cont'd

9.44	Molly Yungmann	98	UOFR	18/01/2019	Alberta
9.86	Danielle Major	97	UOFR	08/02/2019	Regina

#### High Jump

Native Indoor	1.88m	Mar-10-12	Brianne Theisen	UNSK/OR
Open Indoor	1.91m	Dec-29-77	Debbie Brill	BC

1.73m	Joely Welburn	99	UOFR	01/02/2019	Manitoba
1.67m	Jansen Ziola	99	UNSK	21/02/2019	Montana
1.64m	Ashlyn Mooney	99	UOFS	07/03/2019	Manitoba
1.64m	Rachel Miller	97	UOFS	22/02/2019	Alberta
1.50m	Adriana Quiring	99	UOFR	08/12/2018	Regina

#### Pole Vault

Native Indoor	4.60m	Feb-16-12	Kelsie Hendry	RIVA
Open Indoor	4.60m	Mar-10-12	Kelsie Hendry	RIVA

3.80m	Leadon Chartier	98	UOFS	22/02/2019	Alberta
3.61m	Kayla Wharton	93	UOFS	15/03/2019	Saskatoon
3.12m	Kayla Stegen	99	UNSK	15/03/2019	Saskatoon
2.82m	Shaylyn De Jong	93	DATC	15/03/2019	Saskatoon
2.17m	Marina Kehrig	98	UNSK	15/03/2019	Saskatoon

#### Long Jump

Native Indoor	6.42m	Mar-18-16	Brianne Theisen-Eaton	UNSK
Open Indoor	6.42m	Mar-18-16	Brianne Theisen-Eaton	UNSK

5.91m	Joely Welburn	99	UOFR	18/01/2019	Alberta
5.81m	Katelyn Lehner	95	UOFS	07/03/2019	Manitoba
5.77m	Jansen Ziola	99	UNSK	21/02/2019	Montana
5.56m	Kendra Farmer	99	UOFS	08/02/2019	Alberta
5.49m	Ashlyn Mooney	99	UOFS	08/02/2019	Alberta
5.23m	Jules Hansen	98	UOFR	22/02/2019	Alberta
5.03m	Molly Yungmann	98	UOFR	18/01/2019	Alberta
4.87m	Maya Gabrielson	98	UOFS	24/01/2019	Saskatoon
4.77m	Kathryn Harrison	96	UOFS	24/01/2019	Saskatoon

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#### Long Jump Cont'd

3.98m	Kayla Stegen	99	UNSK	15/03/2019	Saskatoon
3.93m	Marina Kehrig	98	UNSK	15/03/2019	Saskatoon

#### Athlete with a Disability

4.03m	Lindsay Kinnear	88	EXCL	08/02/2019	Regina
2.07m	Addison Czaya-Wolly	90	SOSK	05/04/2019	Saskatoon
1.90m	Denae Upton	90	SOSK	24/01/2019	Saskatoon

#### Triple Jump

Native Indoor	12.87m	Jan-20-95	Tracy Dulmage	RAT
Open Indoor	12.87m	Jan-20-95	Tracy Dulmage	RAT

11.07m	Erika Stockhorst	98	UOFR	18/01/2019	Alberta
10.24m	Jules Hansen	98	UOFR	22/02/2019	Alberta
10.21m	Maya Gabrielson	98	UOFS	11/01/2019	Saskatoon
10.13m	Kathryn Harrison	96	UOFS	24/01/2019	Saskatoon

#### Shot Put 4kg

Native Indoor	17.66m	Feb-02-16	Taryn Suttie	UNSK
Open Indoor	17.66m	Feb-02-16	Taryn Suttie	UNSK

13.65m	Jennifer Weber	96	UOFS	15/12/2018	Saskatoon
11.58m	Brooke Shatkowski	97	UOFR	18/01/2019	Alberta
11.47m	Jessica Parson	97	UOFS	11/01/2019	Saskatoon
11.27m	Madison Wickenheiser	99	UOFR	08/12/2018	Regina
11.18m	Ashlyn Mooney	99	UOFS	18/01/2019	Alberta
10.89m	Jenelle Sunderland	99	UOFR	08/12/2018	Regina
10.77m	Ellen Warwick	99	STFC	15/03/2019	Saskatoon
10.70m	Emmarae Dale	97	UOFS	11/01/2019	Saskatoon
10.58m	Katelyn Lehner	95	UOFS	15/12/2018	Saskatoon
10.48m	Danielle Fedak	99	UOFR	08/02/2019	Regina
9.71m	Kalyn Giroux	94	YLTC	08/02/2019	Regina
9.33m	Jansen Ziola	99	UNSK	21/02/2019	Montana

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#### Shot Put 4kg Cont'd

##### Athlete with a Disability

4.38m	Addison Czaya-Wolly	90	SOSK	05/04/2019	Saskatoon
4.28m	Denae Upton	90	SOSK	05/04/2019	Saskatoon

#### Weight Throw 9.08kg

Native Indoor	19.55m	Mar-10-11	Taryn Suttie	UofS
Open Indoor	19.55m	Mar-10-11	Taryn Suttie	UofS

17.32m	Reagan Fedak	97	UOFR	22/02/2019	Alberta
15.45m	Jennifer Weber	96	UOFS	24/01/2019	Saskatoon
15.11m	Emmarae Dale	97	UOFS	18/01/2019	Alberta
14.62m	Brooke Shatkowski	97	UOFR	11/01/2019	Saskatoon
14.05m	Danielle Fedak	99	UOFR	01/02/2019	Manitoba
13.87m	Jenelle Sunderland	99	UOFR	22/02/2019	Alberta
12.97m	Jessica Parson	97	UOFS	22/02/2019	Alberta
12.03m	Ellen Warwick	99	STFC	15/03/2019	Saskatoon

#### Pentathlon

Native Indoor	4881pts	Mar-18-16	Brianne Theisen	UNSK
Open Indoor	4881pts	Mar-18-16	Brianne Theisen	UNSK

3925pts	Jansen Ziola	99	UNSK	21/02/2019	Montana
	8.50 - 60mH/ 1.67m - HJ/ 9.33m - SP/ 5.77m LJ/ 2:19.99 - 800m				
3753pts	Ashlyn Mooney	99	UOFS	07/03/2019	Manitoba
	8.87 - 60mH/ 1.64m - HJ/ 11.04m - SP/ 5.34m - LJ/ 2:23.14 - 800m				