

## What is the SOLE-stice Classic?

The “SOLE-stice Classic” is a series of meets designed for young athletes to get involved in running, jumping and throwing competitions. This program is being sponsored by Aboriginal Track & Field of Saskatchewan and Saskatchewan Athletics.

The term “SOLE-stice” comes from the idea that the “final meet” will be held near the longest day of the year. The meets are geared for younger athletes who may not get many opportunities to compete against others their age in their region or from across the province.

## How Kids Benefit

Participants can run, jump and throw in an event that stresses FUN rather than competition. For some participants, the program offers an opportunity to refine their natural abilities. For others, it may be the spark that ignites their interest in an activity that is mentally, physically and socially rewarding.

## Who Can Participate?

Boys and girls between ages 8 to 13.

Age group classifications are determined by the participant's **Year of Birth**.

Meteors (Born 2013/14)

Comets (Born 2011/12)

Stars (Born 2009/10)

To get involved; select the regional meet nearest to where you live ([www.solesticeclassic.com](http://www.solesticeclassic.com)). Then complete the online entry process. Note that some of the Regional meets will be accepting on-site registration. The best part is that no entry fees are charged to participate. The 1<sup>st</sup> & 2<sup>nd</sup> place participants from the regional meet then advance to the Provincial meet held in Saskatoon on June 18<sup>th</sup> at Gordie Howe Complex.

Events offered:

Meteors – 50m, 100m, Standing Long Jump, Ball Throw

Comets – 60m, 150m, 600m, Long Jump, Ball Throw

Stars – 80m, 150m, 800m, Running Long Jump, Ball Throw

Meet t-shirts will be provided for each participant at the Provincial Meet to be held in Saskatoon, June 18, 2022, Gordie Howe Sports Complex, 1525 Ave P S.

## Highlights of the Program

This program is very grass roots in nature. Some of the key features are:

1. No track spikes or shoes designed for spikes or shoes with cleats of any kind are allowed in any event. Competitors **must** wear shoes.
2. No starting blocks are allowed.
3. No fees are to be charged at any level.
4. The emphasis of the meets is to have fun while getting young athletes to be active through fun competition.

## How Do I enter?

To get involved; select the regional meet nearest to where you live. Then complete the online entry process. Note that some of the regional meets are accepting on-site registration prior to the start of the meet.

[www.solesticeclassic.com](http://www.solesticeclassic.com)

# SOLE-stice Classic Provincial Final

Noon Start Time (rain or shine)

**On-line Registration Only**

Saturday, June 18, 2022

Location – Gordie Howe Sports Complex

**IF YOUR REGION IS NOT LISTED AND YOU WOULD LIKE TO PARTICIPATE, PLEASE CONTACT – [admin@saskathletics.ca](mailto:admin@saskathletics.ca) or 306-664-6744**

## Regional Meets:

Region	Location	Date	Contact	
<b>A</b>	Swift Current		Mandi Tuplin	<a href="mailto:emc_tuplin@hotmail.com">emc_tuplin@hotmail.com</a>
<b>B</b>	Humboldt		Nicole Unrau	<a href="mailto:nicole.unrau@hzsd.ca">nicole.unrau@hzsd.ca</a>
<b>C</b>	Maidstone		Rebecca Atkinson	<a href="mailto:rebecca.atkinson@nwsd.ca">rebecca.atkinson@nwsd.ca</a>
<b>D</b>	Saskatoon			
<b>E</b>	Prince Albert		Nathan Noble	<a href="mailto:nathan.noble@pacsd.ca">nathan.noble@pacsd.ca</a>
<b>F</b>	Kindersley			
<b>G</b>	Moose Jaw		Jennifer Mitchell	<a href="mailto:rotaryrunningclub@gmail.com">rotaryrunningclub@gmail.com</a>
<b>H</b>	North Battleford		Karen Wharington	<a href="mailto:kwharington@accesscomm.ca">kwharington@accesscomm.ca</a>
<b>I</b>	Melfort		Tim Johnstone	<a href="mailto:johnstone.tim@nesd.ca">johnstone.tim@nesd.ca</a>
<b>J</b>	Raymore		Dustin Hubick	<a href="mailto:Dustin.hubick@horizonsd.ca">Dustin.hubick@horizonsd.ca</a>
<b>K</b>	Regina			
<b>L</b>	Estevan		Tanya Gibson	<a href="mailto:tanyad@sasktel.net">tanyad@sasktel.net</a>
<b>M</b>	Meadow Lake		Daryl Pearson	<a href="mailto:Daryl.pearson@nwsd.ca">Daryl.pearson@nwsd.ca</a>

[www.solesticeclassic.com](http://www.solesticeclassic.com)

## Who We Are

Saskatchewan Athletics is a non-profit Provincial Sport Governing Body and is a member of Sask Sport Inc. Our mission is to promote the sport of Track & Field, Cross Country Running, Road Racing and Race Walk by facilitating the development and maintenance of effective programs, which assist athletes, coaches, officials and volunteers in a fair and positive environment.

### Contact Us

Phone: 306-664-6744

Email: [admin@saskathletics.ca](mailto:admin@saskathletics.ca)

Web: <http://www.saskathletics.ca>

### Sponsored by:

Aboriginal Track & Field of Saskatchewan & Saskatchewan Athletics

