

PROGRAM COORDINATOR

Saskatchewan Athletics continues the annual clinic delivery program for middle-year and high school aged athletes. Requests are usually booked for the months of April and May, as this matches the Saskatchewan High School track & field season. The invitation to start booking clinics was sent out to school contacts in February. Currently there are 32 clinics booked in communities across the province. The delivery model allows schools to book half day or full day clinics, schools can book a one-time clinic or book multiple clinics. Our clinics provide an opportunity for mentorship of local coaches, teachers, and community leaders along with quality technical instruction in urban, rural, and northern regions of the province.

A total of 74 athletes were identified and join the Sask Excellence Program for 2023. The top athletes were identified for each event in each age class from the 2022 indoor and outdoor rankings. Of these 74 athletes, 26 are U16 and 48 are U18. Athletes that joined the program received a drawstring bag, t-shirt, certificate, a discount to attend the annual Spring Camp, and an invitation to join the provincial U16/U18 team that will compete at the U16/U18 Sask vs Manitoba Dual Province meet in Regina, July 21-23. The purpose of this program is to identify younger athletes to give them opportunities that help support their development in the sport.

The 2023 U16 and U18 teams will be confirmed shortly after the U16/U18 Trials Meet in Regina, June 9-11. Saskatchewan Athletics intends to field full teams of U16 and U18 athletes at the U16/U18 Sask vs Manitoba Dual Province meet. Most of the team will be made up of Sask Excellence athletes, with the remainder being athletes selected from the U16/U18 Trials Meet. The U16/U18 Sask vs Manitoba Dual Province meet will be held in Regina, July 21-23.

Coach development remains to be a priority at Saskatchewan Athletics. A Club Coach Course is planned to take place April 28-30 in Saskatoon. Communication on upcoming coaching courses is posted on the Sask Athletics website, newsletters, social media outlets and emails to club contacts. For more information about these programs, contact Saskatchewan Athletics.