

Royal Road Race  
10Km and 5Km Run and Walk  
Regina, SK  
May 7th, 2011

10km Run Age Group Results

Results by Results Canada - [www.resultscanada.com](http://www.resultscanada.com)

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Category: Male 19 & Under  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	841	Matt Wincherauk	Regina	39:48	
3:59					
2	788	Kalen Roney	Moose Jaw	45:13	
4:32					
3	631	Evan Bonk	Regina	48:21	
4:51					
4	633	Connor Boyle	Regina	52:25	
5:15					
5	823	Cameron Tholl	Regina	1:04:47	
6:29					

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Category: Male 20-29  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	840	Kelly Wiebe	Regina	29:25	
2:57					
2	683	Iain Fyfe	Regina	31:42	
3:11					
3	752	Russell Neff	Regina	33:33	
3:22					
4	751	Matthew Neff	Regina	34:51	
3:30					
5	616	Marc Beaton	Regina	35:03	
3:31					
6	745	Andrew Munro	Regina	38:10	
3:49					
7	734	Brett Miller	Regina	40:22	
4:03					
8	796	Josh Savill	Kitchener	42:35	
4:16					
9	671	Darren Engel	Regina	43:28	
4:21					

10	618	Christopher Beaver	Vancouver	44:43
4:29				
11	746	Steven Myers	Wawota	45:37
4:34				
12	649	Nick Clarke	Lower Sackville	45:47
4:35				
13	611	Justin Auld	Windsor	48:15
4:50				
14	785	Nathan Rolfson	Calgary	48:27
4:51				
15	766	Todd Parker	Regina	53:17
5:20				
16	638	Quinn Broda	Regina	53:31
5:22				
17	847	Alvin Yau	Regina	55:30
5:33				
18	627	Ameya Bhandarkar	Regina	1:00:51
6:06				
19	808	Brandon Sieber	Regina	1:04:26
6:27				
20	730	Samuel Mason	Regina	1:18:39
7:52				

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Category: Male 30-39  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
=====					
1	637	David Britton	Regina	37:24	
3:45					
2	700	Quinton Johb	Moose Jaw	40:16	
4:02					
3	623	Jared Benson	Saskatoon	40:24	
4:03					
4	708	Justin Kornaga	Esterhazy	42:41	
4:17					
5	753	Mark Newton	Regina	43:05	
4:19					
6	630	Kent Bittner	Regina	43:46	
4:23					
7	635	Ryan Brazeal	Moose Jaw	45:01	
4:31					
8	654	Chris Davies	Saskatoon	45:11	
4:32					
9	718	Pierre-Hugue Lortie	St-Jean-Sur-Rich	46:05	
4:37					
10	648	Casey Churko	Regina	46:32	
4:40					
11	3399	Ash Van Leeuwen	Saint Paul	47:00	
4:42					
12	723	Roger Mah	Regina	48:23	
4:51					

13	826	Tyler Thurmeier	Regina	49:12
4:56	14	702 Chris Joyce	Regina	49:37
4:58	15	846 Daniel Yaskowich	Regina	51:38
5:10	16	814 Whelan Stephen	Regina	53:09
5:19	17	644 Milton Calnek	Regina	54:22
5:27	18	719 Mat Ludlow	Regina	54:45
5:29	19	786 Michael Romeiro	Toronto	59:37
5:58	20	682 Kurt Fuchs	Regina	1:01:11
6:08	21	832 Ryan Triffo	Regina	1:12:05
7:13				

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Category: Male 40-49  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
=====					
1	706	Bruce Klassen	Regina	35:56	
3:36	2	749 Gerry Nagy	Weyburn	36:28	
3:39	3	772 Llewellyn Poidevin	Regina	37:15	
3:44	4	817 John Svec	Regina	38:16	
3:50	5	821 Gary Thiel	Regina	40:43	
4:05	6	764 Basil Pappas	Regina	41:16	
4:08	7	820 Graham Taylor	Regina	42:54	
4:18	8	849 Von Zerr	Regina	44:02	
4:25	9	717 Bryan Lloyd	Regina	44:05	
4:25	10	783 Glenn Rogers	Weyburn	44:12	
4:26	11	640 Bill Brown	Regina	46:54	
4:42	12	760 Doug Opseth	Regina	47:15	
4:44	13	609 Ben Arefi	Regina	48:35	
4:52	14	812 Lyle Stecyk	Regina	50:06	
5:01					

15	748	Jeff Nagel	Regina	51:55
5:12				
16	756	Stu Niebergall	Regina	56:20
5:38				
17	673	Pat Fiacco	Regina	56:20
5:38				
18	800	Tom Schmidt	Regina	1:02:15
6:14				
19	824	Jerome Tholl	Regina	1:06:12
6:38				

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Category: Male 50-59

Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
	1	707 Edward Knopf	Regina	40:07	
4:01					
	2	758 Dave Olsen	Regina	40:37	
4:04					
	3	735 Rick Minett	Regina	40:55	
4:06					
	4	784 Al Rogers	Regina	41:15	
4:08					
	5	828 Luciano Togneri	Emerald Park	41:23	
4:09					
	6	642 Ron Burdon	Regina	41:49	
4:11					
	7	714 Steve Lewis	Saskatoon	43:31	
4:22					
	8	834 Grant Van Eaton	Regina	44:38	
4:28					
	9	680 Dave Fox	Moose Jaw	48:33	
4:52					
	10	665 Peter Edwards	Regina	49:08	
4:55					
	11	668 Bill Elliott	Moose Jaw	49:24	
4:57					
	12	737 Russell Mirasty	Regina	49:35	
4:58					
	13	632 Lorne Boyle	Regina	49:52	
5:00					
	14	724 Gordon Mah	Regina	50:23	
5:03					
	15	789 Alan Sales	Regina	50:57	
5:06					
	16	691 Ben Grebinski	Regina	52:09	
5:13					
	17	842 Don Wincherauk	Regina	53:57	
5:24					
	18	692 Dale Harvey	Regina	56:28	
5:39					

19	629	Myron Bilokury	Regina	58:51
5:54				
20	801	Tim Schneider	Regina	1:01:25
6:09				
21	844	Bernie Wlock	Yorkton	1:01:59
6:12				
22	777	Barry Putz	Regina	1:02:52
6:18				
23	809	Perry Smith	Regina	1:07:18
6:44				

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Category: Male 60-69  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
=====					
1	797	Neil Sawatzky	Regina	48:56	
4:54					
2	782	Douglas Roe	Regina	56:19	
5:38					
3	641	Jim Brown	Regina	59:10	
5:55					
4	833	Edward Tse	Regina	1:04:28	
6:27					

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Category: Male 70 & over  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
=====					

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Category: Female 19 & Under  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
=====					
1	822	Danielle Thiel	Regina	40:55	
4:06					
2	798	Janelle Scherle	Emerald Park	51:59	
5:12					
3	793	Tanisha Sarty	Regina	56:29	
5:39					
4	794	Kyla Sarty	Regina	1:01:23	
6:09					
5	646	Hayley Cattell	Regina	1:04:26	
6:27					
6	731	Taylor Mason	Regina	1:19:00	
7:54					

7 799 Devin Schick Melville 1:21:50  
8:11

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Category: Female 20-29  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
	1	705 Bevin Kennelly	Regina	35:54	
3:36	2	653 Kaytlyn Criddle	Pilot Butte	43:00	
4:18	3	657 Kara Delaney	Emerald Park	43:44	
4:23	4	727 Kimberly Marshall	Regina	44:29	
4:27	5	620 Amanda Bell	Regina	46:41	
4:41	6	763 Amanda Palmer	Esterhazy	47:04	
4:43	7	626 Virginia Bessette	Port Hardy	47:20	
4:44	8	850 Megan Zmetana	Regina	47:34	
4:46	9	677 Chantelle Foote	Regina	48:16	
4:50	10	710 Cheryl Landry	Rosemont	48:46	
4:53	11	659 Tyra Dickson	Assiniboia	49:23	
4:57	12	636 Danielle Brissard	Prince George	49:28	
4:57	13	615 Nicole Beatch	Regina	50:52	
5:06	14	715 Richels Lindsay	Regina	53:03	
5:19	15	743 Jodie Morrison	Regina	54:27	
5:27	16	725 Amandeep Mandair	Surrey	55:20	
5:32	17	815 Shawna Stewart	Regina	55:20	
5:32	18	845 Stephanie Wolensky	Regina	56:09	
5:37	19	696 Amy Hunter	Regina	56:59	
5:42	20	690 Leisha Grebinski	Regina	57:29	
5:45	21	716 Kate Link	Prince George	58:27	
5:51	22	679 Sheri Fox	Regina	58:34	
5:52					

23	695	Jessica Hung	Weyburn	58:57
5:54				
24	658	Leah Dewhurst	Regina	58:58
5:54				
25	757	Brigitte Olsen	Regina	1:01:44
6:11				
26	720	Amanda Macera	Regina	1:02:43
6:17				
27	606	Melody Anderson	Regina	1:02:44
6:17				
28	765	Jenna Parker	Regina	1:04:28
6:27				
29	742	Amanda Moreau	Regina	1:05:38
6:34				
30	684	Stacey Garner	Regina	1:09:51
6:59				
31	739	Jennifer Mitchell	Regina	1:11:21
7:09				
32	650	Robyn Clay	Regina	1:15:31
7:34				
33	662	Meagan Dumont	Regina	1:16:59
7:42				
34	721	Angela MacFarlane	Regina	1:21:50
8:11				
35	639	Jacquelynn Brown	Regina	1:22:18
8:14				

-----  
 Category: Female 30-39  
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
1	776	Renee Pritchard	Regina	41:12	
4:08					
2	843	Mista Winter	Lumsden	43:09	
4:19					
3	685	Amanda Gebhard	Hagen	43:36	
4:22					
4	761	Shelley Ouellet	Regina	44:12	
4:26					
5	661	Jennifer Dominguez	Regina	45:10	
4:31					
6	787	Carrie Roney	Moose Jaw	47:01	
4:43					
7	779	Allana Reaume	Regina	47:10	
4:43					
8	803	Cindy Schroeder	Regina	48:09	
4:49					
9	738	Jennifer Mirasty	Saskatoon	50:04	
5:01					
10	687	Rhonda Girard	Regina	50:52	
5:06					

11	805	Cristie Sellwood	Regina	51:23
5:09				
12	628	Jodie Bigalky	Regina	51:55
5:12				
13	802	Shelan Schnell	Regina	52:04
5:13				
14	775	Rosie Poyntz-Wright	Regina	52:37
5:16				
15	605	Maria Anderson	Regina	54:37
5:28				
16	647	Wendy Chrusch	Regina	57:35
5:46				
17	806	Misty Shaw	Regina	58:10
5:49				
18	768	Terry-Lyn Paul	Regina	58:33
5:52				
19	703	Lahti Kami	Regina	58:34
5:52				
20	732	Kristin Mason	Melville	58:55
5:54				
21	813	Dalys Steidl	Regina	59:37
5:58				
22	770	Angela Phillips	Regina	59:42
5:59				
23	666	Stephanie Edwards-Flota	Regina	1:00:38
6:04				
24	711	Christina Langeman	Regina	1:01:23
6:09				
25	792	Christy Sanson	Regina	1:01:24
6:09				
26	610	Cara Armitage	Regina	1:02:07
6:13				
27	624	Kim Bergey	Craven	1:02:43
6:17				
28	810	Jennifer Stachura Gauthier	Moose Jaw	1:04:03
6:25				
29	837	Heather Weimer	Regina	1:04:21
6:27				
30	733	Kim McDougall	Earl Grey	1:05:38
6:34				
31	769	Lindsay Peel	Qu'appelle	1:05:59
6:36				
32	836	Jesse Webb	Regina	1:08:27
6:51				
33	622	Candace Benko	Regina	1:09:38
6:58				
34	664	Elizabeth Ebenal	Regina	1:15:02
7:31				
35	602	Sabeen Ahmad	Regina	1:19:53
8:00				
36	688	Cynthia Giroux	Montmartre	1:23:47
8:23				
37	781	Krystal Rithaler	Moose Jaw	1:54:14
11:26				

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Category: Female 40-49  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
4:39	1	750 Diana Nagy	Weyburn	46:23	
4:42	2	754 Jenny Ng	Regina	46:58	
5:16	3	675 Nicole Filteau	Regina	52:38	
5:20	4	771 Karen Piper	Regina	53:14	
5:20	5	807 Gayle Shull	Regina	53:20	
5:28	6	694 Brenda Hudey	Regina	54:35	
5:28	7	612 Nicole Bailey	Regina	54:41	
5:52	8	621 Teresa Bell	Regina	58:31	
5:56	9	634 Jennifer Brass	Regina	59:14	
6:00	10	835 Lois Vanderhooft	Regina	59:58	
6:07	11	791 Patti Sandison-Cattell	Regina	1:01:06	
6:12	12	852 Shauna Zwarych	Regina	1:01:53	
6:17	13	601 Angie Agarand	Regina	1:02:42	
6:18	14	816 Brenda Stricker	Regina	1:02:54	
6:19	15	655 Kim Davis	Regina	1:03:01	
6:19	16	830 Wendy Tomyk	Regina	1:03:02	
6:30	17	712 Karolyn Lessak	Regina	1:04:57	
6:30	18	825 Linda Tholl	Regina	1:05:00	
6:39	19	652 Cheryl Cochrane	Regina	1:06:30	
6:41	20	689 Mary Gorrill	Regina	1:06:46	
6:41	21	617 Barb Beaurivage	Regina	1:06:46	
7:34	22	811 Debbie Stearns	Regina	1:15:37	
7:48	23	755 Patty Niebergall	Regina	1:17:54	

24	674	Angie Fiacco	Regina	1:17:54
7:48				
25	838	Tammy Weisbrod	Regina Beach	1:21:50
8:11				

-----  
Category: Female 50-59  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
=====	=====	=====	=====	=====	=====
	1	Kathy Palmer	Regina	42:13	
4:14					
	2	Anne Marie Sauer	Lipton	48:50	
4:53					
	3	Suzanne Hunter	Regina	49:03	
4:55					
	4	Linda Emslie	White City	49:25	
4:57					
	5	Leslie Toms	Regina	54:46	
5:29					
	6	Mariette Martine	Regina	58:36	
5:52					
	7	Jacqui Bangle	Regina	59:50	
5:59					
	8	Joyce Cameron	Regina	1:00:11	
6:02					
	9	Elizabeth Popowich	Regina	1:01:06	
6:07					
	10	Pam Minifie	Regina	1:03:01	
6:19					
	11	Jane Ekong	Regina	1:03:10	
6:19					
	12	Rebecca Weisbrod	Regina	1:03:22	
6:21					
	13	Judi Francis	Regina	1:04:10	
6:25					
	14	Pamela Richaud	Regina	1:04:32	
6:28					
	15	Vianne Timmons	Regina	1:05:57	
6:36					
	16	Cathy MacLellan	Regina	1:08:50	
6:53					
	17	Karen Jackson	Regina	1:15:02	
7:31					
	18	Loanne Myrah	Regina	1:15:30	
7:33					
	19	Aileen Anthony	Regina	1:20:06	
8:01					

-----  
Category: Female 60-69  
Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	744	Patricia Mulvay	Regina	58:57	

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 Category: Female 70 & over  
 Distance: 10km

Place	Numb	Competitor	City	Time	Pace
1	676	Dorothy Fitzer	Regina	1:11:31	

