

2011 Tri Province - 16/07/2011 to 17/07/2011
Canada Games Stadium, Regina, Saskatchewan
Results

Event 77 Women 100 Meter Dash Senior

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Margetts, Merissa	91 Sask. Westerns 2011	12.66	12.21q	0.6	2
3 Sawchuk, Stephanie	93 Sask. Westerns 2011		12.71q	+0.0	1
4 Ritchie, Katrin	92 Sask. Westerns 2011	12.89	12.77q	+0.0	1
8 Jestadt, Gina	92 Sask. Westerns 2011		13.45q	0.6	2
-- Ruller, Amanda	88 Excel Athletika	12.14	X12.13	0.6	2

Event 77 Women 100 Meter Dash Senior

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Margetts, Merissa	91 Sask. Westerns 2011	12.21	12.16	+0.0	7
3 Ritchie, Katrin	92 Sask. Westerns 2011	12.77	12.72	+0.0	4
4 Sawchuk, Stephanie	93 Sask. Westerns 2011	12.71	x12.83	+0.0	
8 Jestadt, Gina	92 Sask. Westerns 2011	13.45	x13.49	+0.0	

Event 78 Men 100 Meter Dash Senior

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Graf, Ryan	93 Sask. Westerns 2011	10.64	10.94q	0.7	3
8 Liebrecht, Preston	93 Sask. Westerns 2011	11.68	11.39q	-1.2	2
10 Arnyek, Keegan	93 Sask. Westerns 2011	11.42	11.45	0.7	3
11 Sanford, Chris	93 Sask. Westerns 2011		11.93	0.7	3
12 Nachilobe, Cossy	91 Sask. Westerns 2011		12.36	0.7	3
13 White, Craig	90 Sask. Westerns 2011	11.27	15.69	0.3	1

Event 78 Men 100 Meter Dash Senior

Name	Year Team	Prelims	Finals	Wind	Points
Finals					
1 Graf, Ryan	93 Sask. Westerns 2011	10.94	10.79	-0.2	7
7 Liebrecht, Preston	93 Sask. Westerns 2011	11.39	11.32	-0.2	1

Event 79 Women 200 Meter Dash Senior

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Margetts, Merissa	91 Sask. Westerns 2011	24.82	24.61	+0.0	2	7
6 Bohachewski, Kelsey	92 Sask. Westerns 2011	26.36	26.31	+0.0	2	2
7 Ritchie, Katrin	92 Sask. Westerns 2011	26.25	x26.35	+0.0	2	
10 Haselhan, Shalane	91 Sask. Westerns 2011	27.71	x27.99	-0.2	1	
-- Ruller, Amanda	88 Excel Athletika	24.77	X24.83	+0.0	2	

Event 80 Men 200 Meter Dash Senior

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Graf, Ryan	93 Sask. Westerns 2011	21.65	22.28	-1.7	2	7
6 Fedyk, Alex	94 Sask. Westerns 2011	22.82	23.11	-1.7	2	3

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....Event 80 Men 200 Meter Dash Senior

8 Liebrecht, Preston	93 Sask. Westerns 2011	23.30	x1:26.74	+0.0	1
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Event 81 Women 400 Meter Dash Senior

Name	Year Team	Seed	Finals	Points
1 Simon, Ashlynn	92 Sask. Westerns 2011	56.72	56.22	7
4 Ritchie, Katrin	92 Sask. Westerns 2011	58.28	58.30	3
5 Propp, Adrea	92 Sask. Westerns 2011	58.40	x58.63	

Event 82 Men 400 Meter Dash Senior

Name	Year Team	Seed	Finals	H#	Points
1 Nystuen, Tait	91 Sask. Westerns 2011	49.00	48.45	2	7
3 Fedyk, Alex	94 Sask. Westerns 2011	49.55	49.65	2	4

Event 83 Women 800 Meter Run Senior

Name	Year Team	Seed	Finals	Points
1 Simon, Ashlynn	92 Sask. Westerns 2011	2:14.93	2:12.77	7
4 Chartier, Mackenzie	94 Sask. Westerns 2011	2:15.87	2:17.10	3

Event 84 Men 800 Meter Run Senior

Name	Year Team	Seed	Finals	Points
7 Guenther, Davis	93 Sask. Westerns 2011	1:56.84	1:57.47	3
9 Roske, Travis	91 Sask. Westerns 2011	1:57.37	2:02.75	1

Event 85 Women 1500 Meter Run Senior

Name	Year Team	Seed	Finals	Points
3 Traves, Joanne	91 Sask. Westerns 2011	4:51.76	4:50.02	4
5 Davis, Adriana	96 Sask. Westerns 2011	4:51.80	5:01.41	3
7 Westberg, Avery	93 Sask. Westerns 2011	4:48.79	x5:33.61	

Event 86 Men 1500 Meter Run Senior

Name	Year Team	Seed	Finals	Points
6 Guenther, Davis	93 Sask. Westerns 2011	4:04.23	4:01.03	2
7 Roske, Travis	91 Sask. Westerns 2011	4:07.65	4:03.52	1

Event 87 Women 3000 Meter Run Senior

Name	Year Team	Seed	Finals	Points
3 Kujawa, Kate	91 Sask. Westerns 2011		10:38.15	4
5 Davis, Adriana	96 Sask. Westerns 2011	10:39.07	10:57.60	3
7 Traves, Joanne	91 Sask. Westerns 2011	10:44.21	x11:09.91	

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Event 88 Men 3000 Meter Run Senior

Name	Year Team	Seed	Finals	Points
2 Johnson, Matt	92 Sask. Westerns 2011	8:45.82	8:54.47	5
3 Middlemiss, Michael	92 Sask. Westerns 2011	8:59.60	8:54.90	4
6 Balezantis, Reid	94 Sask. Westerns 2011	9:27.40	x10:07.69	

Event 89 Women 3000 Meter Steeplechase Senior

Name	Year Team	Seed	Finals	Points
1 Kujawa, Kate	91 Sask. Westerns 2011	12:14.33	11:37.26	7
3 Westberg, Avery	93 Sask. Westerns 2011		12:20.79	4

Event 90 Men 3000 Meter Steeplechase Senior

Name	Year Team	Seed	Finals	Points
1 Strueby, Adam	94 Sask. Westerns 2011		9:44.63	7
3 Johnson, Matt	92 Sask. Westerns 2011	10:26.87	9:54.48	4
5 Balezantis, Reid	94 Sask. Westerns 2011	10:50.20	x11:17.45	

Event 91 Women 100 Meter Hurdles 33" Senior

Name	Year Team	Seed	Finals	Wind	Points
1 Margetts, Merissa	91 Sask. Westerns 2011		14.69	0.7	7
3 Kowalchuk, Shaylyn	91 Sask. Westerns 2011		15.44	0.7	4
4 Haselhan, Shalane	91 Sask. Westerns 2011		x17.05	0.7	
6 Bohachewski, Kelsey	92 Sask. Westerns 2011		x18.87	0.7	

Event 92 Men 110 Meter Hurdles 42" Senior

Name	Year Team	Seed	Finals	Wind	H#	Points
2 McLellan, Ian	92 Sask. Westerns 2011		15.52	0.5	2	5
3 Eckert, Jeremy	90 Sask. Westerns 2011		15.57	0.9	1	4
6 Olson, Jared	93 Sask. Westerns 2011		x16.41	0.9	1	

Event 93 Women 400 Meter Hurdles 30" Senior

Name	Year Team	Seed	Finals	Points
2 Chartier, Mackenzie	94 Sask. Westerns 2011		1:09.40	5

Event 94 Men 400 Meter Hurdles 36" Senior

Name	Year Team	Seed	Finals	Points
1 Nystuen, Tait	91 Sask. Westerns 2011	51.67	52.20	7
2 McLellan, Ian	92 Sask. Westerns 2011	55.00	57.43	5

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Event 95 Women High Jump Senior

Name	Year Team	Seed	Finals	Points
1 Haselhan, Shalane	91 Sask. Westerns 2011	1.65m	1.60m	6
1 Glassford, Kennedy	95 Sask. Westerns 2011	1.61m	1.60m	6
-- Bohachewski, Kelsey	92 Sask. Westerns 2011	1.41m	NH	

Event 96 Men High Jump Senior

Name	Year Team	Seed	Finals	Points
1 Eckert, Jeremy	90 Sask. Westerns 2011	6.84m	2.07m	7
5 Liebrecht, Preston	93 Sask. Westerns 2011	1.86m	1.80m	2
7 Digel, Cole	91 Sask. Westerns 2011	6.44m	xJ1.75m	1
9 Sanford, Chris	93 Sask. Westerns 2011		x1.75m	

Event 97 Women Long Jump Senior

Name	Year Team	Seed	Finals	Wind	Points
1 Haselhan, Shalane	91 Sask. Westerns 2011	5.30m	5.53m	-0.3	7
2 White, Julia	92 Sask. Westerns 2011		5.36m	-0.5	5
3 Sawchuk, Stephanie	93 Sask. Westerns 2011	5.33m	x5.13m	-1.9	
7 Bohachewski, Kelsey	92 Sask. Westerns 2011	4.71m	x4.97m	NWI	
8 Rhode, Mercedes	92 Sask. Westerns 2011	5.32m	x4.91m	-0.2	

Event 98 Men Long Jump Senior

Name	Year Team	Seed	Finals	Wind	Points
1 Eckert, Jeremy	90 Sask. Westerns 2011	7.01m	J6.78m	-1.3	7
3 Sanford, Chris	93 Sask. Westerns 2011	6.49m	6.38m	-1.8	4
11 Arndt, Andrew	90 Sask. Westerns 2011	6.26m	x5.80m	-3.1	

Event 99 Women Triple Jump Senior

Name	Year Team	Seed	Finals	Wind	Points
4 Manske, Naomi	93 Sask. Westerns 2011	10.68m	10.70m	-0.2	3
5 Jestadt, Gina	92 Sask. Westerns 2011	11.18m	10.62m	0.4	2
6 Sawchuk, Stephanie	93 Sask. Westerns 2011	10.90m	x10.56m	-0.7	

Event 100 Men Triple Jump Senior

Name	Year Team	Seed	Finals	Wind	Points
3 Armyek, Keegan	93 Sask. Westerns 2011	13.29m	12.85m	-0.7	4
5 Nachilobe, Cossy	91 Sask. Westerns 2011	14.24m	12.70m	NWI	2
6 Hauser, Simon	92 Sask. Westerns 2011	13.05m	x12.67m	0.2	

Event 101 Women Pole Vault Senior

Name	Year Team	Seed	Finals	Points
3 Erickson, Courtney	93 Sask. Westerns 2011	3.60m	3.20m	4
4 Glassford, Kennedy	95 Sask. Westerns 2011	2.70m	2.40m	3

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Event 102 Men Pole Vault Senior

Name	Year Team	Seed	Finals	Points
4 Coben, Carter	94 Sask. Westerns 2011	4.00m	3.60m	3
6 Digel, Cole	91 Sask. Westerns 2011	3.30m	3.20m	1

Event 103 Women Shot Put 4kg Senior

Name	Year Team	Seed	Finals	Points
1 Suttie, Taryn	90 Sask. Westerns 2011		14.78m	7
4 Rak, Breanna	91 Sask. Westerns 2011	13.07m	11.44m	3
5 Dyck, Emma	91 Sask. Westerns 2011	11.11m	x10.63m	

Event 104 Men Shot Put 7.26kg Senior

Name	Year Team	Seed	Finals	Points
1 Machiskinic, Nolan	91 Sask. Westerns 2011	15.66m	15.63m	7
3 Digel, Cole	91 Sask. Westerns 2011	10.25m	11.37m	4
6 Pakula, Codey	90 Sask. Westerns 2011	11.25m	x10.41m	

Event 105 Women Discus Throw 1kg Senior

Name	Year Team	Seed	Finals	Points
1 Rak, Breanna	91 Sask. Westerns 2011	46.36m	44.86m	7
3 Suttie, Taryn	90 Sask. Westerns 2011		37.54m	4
5 Dyck, Emma	91 Sask. Westerns 2011	39.74m	x34.36m	

Event 106 Men Discus Throw 2kg Senior

Name	Year Team	Seed	Finals	Points
1 Machiskinic, Nolan	91 Sask. Westerns 2011	43.58m	43.48m	7
3 Pakula, Codey	90 Sask. Westerns 2011	39.12m	39.30m	4
5 O'Donnell, Brandon	91 Sask. Westerns 2011		x32.81m	

Event 107 Women Javelin Throw 600g Senior

Name	Year Team	Seed	Finals	Points
2 Rak, Breanna	91 Sask. Westerns 2011		35.23m	5
4 Haselhan, Shalane	91 Sask. Westerns 2011	31.55m	33.02m	3
5 Rhode, Mercedes	92 Sask. Westerns 2011		x31.18m	
7 Bohachewski, Kelsey	92 Sask. Westerns 2011		x26.78m	

Event 108 Men Javelin Throw 800g Senior

Name	Year Team	Seed	Finals	Points
2 O'Donnell, Brandon	91 Sask. Westerns 2011		51.69m	5
3 Digel, Cole	91 Sask. Westerns 2011		47.49m	4
6 Hauser, Simon	92 Sask. Westerns 2011		x42.23m	

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Event 109 Women Hammer Throw 4kg Senior

Name	Year Team	Seed	Finals	Points
1 Suttie, Taryn	90 Sask. Westerns 2011	56.73m	50.99m	7
2 Ecklund, Kirsten	90 Sask. Westerns 2011	42.63m	43.46m	5

Event 110 Men Hammer Throw 7.26kg Senior

Name	Year Team	Seed	Finals	Points
3 Pakula, Codey	90 Sask. Westerns 2011	39.35m	45.64m	4
5 Machiskinic, Nolan	91 Sask. Westerns 2011		38.29m	3

Event 111 Women 4x100 Meter Relay Senior

Team	Seed	Finals	Points
3 Sask. Westerns 2011 'A'		49.33	4
1) Margetts, Merissa 91			
2) Ritchie, Katrin 92			
3) Sawchuk, Stephanie 93			

Event 112 Men 4x100 Meter Relay Senior

Team	Seed	Finals	Points
3 Sask. Westerns 2011 'A'		42.55	4
1) Armyek, Keegan 93			
2) Graf, Ryan 93			
3) Liebrecht, Preston 93			
4) Fedyk, Alex 94			