



MORE THAN A TRACK MEET

Who Can Participate?

Boys and girls between ages 9 and 14 throughout the United States and Canada. Age group classifications are determined by the participant's age on December 31 of the current program year.

Even if your community does conduct a local meet, your school's fun day/field day could be a qualifying meet for your students. The winners then advance to a local meet.

How Kids Benefit from the Program

It is not the intention of the HERSHEY'S Track & Field Games to be a "winners-only" PROGRAM. Participant can run, jump and throw in an event that stresses FUN rather than competition. For some participants, the program offers an opportunity to refine their natural abilities. For others, it may be the spark that ignites their interest in an activity that is mentally, physically and socially rewarding.

Events

Ages 9&10

50m Dash
100m Dash
200m Dash
400m Dash
Standing Long Jump
Softball Throw

Ages 11&12

100m Dash
200m Dash
400m Dash
800m Dash
Standing Long Jump
Softball Throw

Ages 13&14

100m Dash
200m Dash
800m run
1600m Run
4x100m Relay
Standing Long Jump
Softball Throw

For information about

Hershey's Track Saskatchewan

Contact Saskatchewan Athletics

306-664-6744 or email

athletics@sasktel.net

Our website;

www.saskathletics.ca

The program is very grass roots in nature and some of the key features are:

- 1) No track spikes, or shoes designed for spikes or shoes with cleats of any kind are allowed in any event. Competitors must wear shoes. No starting blocks are allowed.**
- 2) Participants can only participate in three events (2 running and 1 field) or (2 field and 1 running) and the relay is counted as one of the running events.**
- 3) No fees are to be charged at any level.**