



## SASKATCHEWAN ATHLETICS

Saskatoon Field House  
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Home Page: <http://www.saskathletics.ca>

### NCCP SPORT COACH CLINIC (LEVEL 1)

**SUBJECT:** NCCP SPORT COACH CLINIC

**WHEN:** Friday April 23, 6:00 p.m. – 9:30 pm (Meeting Room #1)  
Saturday April 24, 9:00 a.m. – 5:00 p.m. (Meeting Room #1)  
Sunday April 25, 9:00 a.m. - 5:00 p.m. (Office/Track)

**WHERE:** Saskatoon Field House - Saskatoon, Saskatchewan

**COST:** \$160.00 for Sask Athletics Members  
\$190.00 for non-Sask Athletics Members  
(includes a 2010 coaches membership)

**CLINICIANS:** Jim Holmstrom (Classroom Sessions - Friday & Saturday)  
Sarah Junkin (Technical Sessions including Sprints/Hurdles, Jumps, Distance,  
Throws - Sunday)

Warm-up exercises, safety precautions, conditioning, training and teaching progression will be covered for each area as it is taught. A coaching manual will be given to all participants.

Sunday is the participation portion of the clinic, so please come dressed to participate. Please fill in the attached form and send a cheque by April 17 to Saskatchewan Athletics at the above address if you are interested in this opportunity.

Further information can be acquired by calling Bob Reindl at 306-664-6744 or email at the above address.

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Sport Coach Clinic Friday April 23 - Sunday April 25, 2010

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ARE YOU A MEMBER OF SASK ATHLETICS: YES \_\_\_ NO \_\_\_

Do you have a NCCP #: CC \_\_\_\_\_