

## **INTERNATIONAL TEAM ASSISTANCE**

Support is available to athletes who are legal residents of Saskatchewan and active members in good standing of Saskatchewan Athletics at the time performances are achieved.

To be eligible, athletes **MUST** achieve a performance this year equal to, or better than, performance standards in an IAAF event **AND** be finalists in their event at the Athletics Canada designated selection meet.

A pool of \$7,500 is available to provide financial support to non-funded National Team athletes.

There are two performance standards relative to the athlete's age. Assistance will be distributed on a pro-rated basis, dependent upon the total cost for all non-funded athletes selected to National Teams. Payment will be forwarded on September 30th.

International assistance is also available to Cross Country competitors who compete at the National Cross Country Championships. An athlete who finishes in the top four (4) of age eligible athletes will receive two (2) shares. An athlete finishing from fifth to twelfth of age eligible athletes will receive one (1) share.

Athletes may forfeit their funding for not adhering to the team rules set out by Saskatchewan Athletics and/or Athletics Canada.

# INTERNATIONAL TEAM ASSISTANCE - MEN

## Track Events

Event	Standard	1993	1992	1991	1990	1989	1988	1987+
<b>60m (i)</b>	<i>2 shares</i>	6.93	6.88	6.86	6.94	6.82	6.81	6.80
	<i>1 share</i>	6.99	6.94	6.92	6.90	6.88	6.87	6.86
<b>100m</b>	<i>2 shares</i>	10.80s	10.68s	10.62s	10.57s	10.53s	10.50s	10.48s
	<i>1 share</i>	10.91s	10.79s	10.73s	10.68s	10.64s	10.61s	10.59s
<b>200m</b>	<i>2 shares</i>	21.86s	21.61s	21.46s	21.36s	21.28s	21.21s	21.16s
	<i>1 share</i>	22.11s	21.86s	21.72s	21.62s	21.54s	21.48s	21.43s
<b>400m</b>	<i>2 shares</i>	48.80s	48.17s	47.80s	47.55s	47.35s	47.19s	47.06s
	<i>1 share</i>	49.38s	48.76s	48.41s	48.16s	47.97s	47.81s	47.68s
<b>800m</b>	<i>2 shares</i>	1:53.13s	1:51.87s	1:51.14s	1:50.63s	1:50.24s	1:49.92s	1:49.65s
	<i>1 share</i>	1:54.38s	1:53.13s	1:52.42s	1:51.92s	1:51.53s	1:51.21s	1:50.95s
<b>1500m</b>	<i>2 shares</i>	3:51.58s	3:49.02s	3:47.55s	3:46.51s	3:45.72s	3:45.07s	3:44.53s
	<i>1 share</i>	3:54.25s	3:51.76s	3:50.33s	3:49.32s	3:48.55s	3:47.92s	3:47.39s
<b>3000m(i)</b>	<i>2 shares</i>	8:20.42s	8:14.79s	8:11.55s	8:09.28s	8:07.53s	8:06.11s	8:04.92s
	<i>1 share</i>	8:26.46s	8:20.92s	8:17.24s	8:15.50s	8:13.78s	8:12.38s	8:11.21s
<b>5000m</b>	<i>2 shares</i>	14:18.88	14:08.85	14:03.09	13:59.05	13:55.94	13:53.85	13:51.30
	<i>1 share</i>	14:29.63	14:19.76	14:14.10	14:10.12	14:07.06	14:04.58	14:02.49
<b>10000m</b>	<i>2 shares</i>	30:10.77	29:48.17	29:35.20	29:26.12	29:19.13	29:13.47	29:08.90
	<i>1 share</i>	30:34.19	30:12.03	29:59.31	29:50.40	29:43.55	29:37.98	29:33.31
<b>60H42(i)</b>	<i>2 shares</i>	8.24s	8.14s	8.08s	8.04s	8.01s	7.98s	7.96s
	<i>1 share</i>	8.34s	8.24s	8.18s	8.14s	8.11s	8.08s	8.06s
<b>110H-42</b>	<i>2 shares</i>	14.85s	14.61s	14.48s	14.38s	14.31s	14.25s	14.20s
	<i>1 share</i>	15.09s	14.80s	14.64s	14.53s	14.44s	14.37s	14.31s
<b>400H</b>	<i>2 shares</i>	54.09s	53.23s	52.73s	52.39s	52.12s	51.91s	51.73s
	<i>1 share</i>	54.94s	54.09s	53.61s	53.27s	53.01s	52.80s	52.62s
<b>3000sc</b>	<i>2 shares</i>	9:11.29s	9:02.68s	8:57.77s	8:54.34s	8:51.71s	8:49.58s	8:47.79s
	<i>1 share</i>	9:20.26s	9:11.79s	9:06.95s	9:03.57s	9:00.98s	8:58.87s	8:57.11s
<b>20KW</b>	<i>2 shares</i>		1:29:01 min	1:27:57 min	1:27:13 min	1:26:39 min	1:26:12m in	1:25:49m in
	<i>1 share</i>		1:30:59 min	1:29:57 min	1:29:13 min	1:28:40 min	1:28:13 min	1:27:50 min
<b>50KW</b>	<i>2 shares</i>		4:23:21 min	4:18:5 9min	4:15:58 min	4:13:41 min	4:11:51 min	4:10:19 min
	<i>1 share</i>		4:31:28 min	4:27:10 min	4:24:12 min	4:21:57 min	4:20:08 min	4:18:37 min
<b>Mar.</b>	<i>2 shares</i>		2:18:58 min	2:17:5 8min	2:17:15 min	2:16:43 min	2:16:16 min	2:15:54 min
	<i>1 share</i>		2:20:5 1min	2:19:52 min	2:19:10 min	2:18:38 min	2:18:12 min	2:17:50 min

# INTERNATIONAL TEAM ASSISTANCE - MEN

## Field Events

Event	<i>Standard</i>	1993	1992	1991	1990	1989	1988	1987+
<b>HJ</b>	<i>2 shares</i>	2.07m	2.10m	2.12m	2.13m	2.14m	2.15m	2.16m
	<i>1 share</i>	2.03m	2.06m	2.08m	2.09m	2.10m	2.11m	2.12m
<b>LJ</b>	<i>2 shares</i>	7.21m	7.36m	7.45m	7.52m	7.57m	7.61m	7.64m
	<i>1 share</i>	7.04m	7.19m	7.28m	7.34m	7.39m	7.43m	7.46m
<b>TJ</b>	<i>2 shares</i>	15.13m	15.43m	15.60m	15.73m	15.82m	15.90m	15.97m
	<i>1 share</i>	14.82m	15.11m	15.28m	15.40m	15.49m	15.57m	15.63m
<b>PV</b>	<i>2 shares</i>	4.90m	4.95m	5.00m	5.05m	5.10m	5.15m	5.20m
	<i>1 share</i>	4.80m	4.85m	4.90m	4.95m	5.00m	5.05m	5.10m
<b>SP 16 lbs.</b>	<i>2 shares</i>	15.89m	16.48m	16.83m	17.07m	17.26m	17.42m	17.55m
	<i>1 share</i>	15.37m	15.95m	16.28m	16.52m	16.71m	16.86m	16.99m
<b>DT 2 Kg</b>	<i>2 shares</i>	51.13m	52.91m	53.95m	54.68m	55.26m	55.72m	56.12m
	<i>1 share</i>	49.48m	51.20m	52.21m	52.93m	53.48m	53.94m	54.32m
<b>JT 800 gms</b>	<i>2 shares</i>	65.03m	67.44m	68.85m	69.85m	70.63m	71.26m	71.80m
	<i>1 share</i>	62.95m	65.27m	66.62m	67.58m	68.33m	68.94m	69.45m
<b>HT 16 lbs.</b>	<i>2 shares</i>	60.16m	62.63m	64.08m	65.10m	65.90m	66.55m	67.10m
	<i>1 share</i>	58.25m	60.63m	62.03m	63.02m	63.78m	64.41m	64.94m
<b>Dec.</b>	<i>2 shares</i>	6431pts	6693pts	6846pts	6955pts	7039pts	7108pts	7166pts
	<i>1 share</i>	6206pts	6459pts	6606pts	6711pts	6792pts	6859pts	6915pts

# INTERNATIONAL TEAM ASSISTANCE - WOMEN

## Track Events

Event	Standard	1993	1992	1991	1990	1989	1988	1987+
<b>60m(i)</b>	<i>2 shares</i>	7.77s	7.66s	7.60s	7.56s	7.53s	7.50s	7.48s
	<i>1 share</i>	7.88s	7.77s	7.71s	7.66s	7.63s	7.60s	7.58s
<b>100m</b>	<i>2 shares</i>	12.08s	11.93s	11.85s	11.79s	11.75s	11.71s	11.68s
	<i>1 share</i>	12.24s	12.09s	12.01s	11.95s	11.91s	11.87s	11.84s
<b>200m</b>	<i>2 shares</i>	24.83s	24.47s	24.27s	24.12s	24.01s	23.92s	23.85s
	<i>1 share</i>	25.18s	24.83s	24.63s	24.49s	24.38s	24.29s	24.22s
<b>400m</b>	<i>2 shares</i>	56.31s	55.45s	54.95s	54.61s	54.34s	54.13s	53.95s
	<i>1 share</i>	57.11s	56.26s	55.78s	55.44s	55.18s	54.97s	54.79s
<b>800m</b>	<i>2 shares</i>	2:10.79s	2:08.92s	2:07.85s	2:07.10s	2:06.53s	2:06.06s	2:05.67s
	<i>1 share</i>	2:12.90s	2:11.06s	2:10.01s	2:09.28s	2:08.71s	2:08.25s	2:07.87s
<b>1500m</b>	<i>2 shares</i>	4:31.78s	4:27.24s	4:24.65s	4:22.84s	4:21.46s	4:20.34s	4:19.40s
	<i>1 share</i>	4:36.55s	4:32.08s	4:29.54s	4:27.76s	4:26.40s	4:25.30s	4:24.37s
<b>3000m(i)</b>	<i>2 shares</i>	9:49.75s	9:40.16s	9:34.69s	9:30.87s	9:27.95s	9:25.58s	9:23.59s
	<i>1 share</i>	10:00.41	9:51.00s	9:45.63s	9:41.88s	9:39.00s	9:36.67s	9:34.72s
<b>5000m</b>	<i>2 shares</i>	16:56.33	16:38.02	16:27.61	16:20.35	16:14.80	16:10.31	16:06.54
	<i>1 share</i>	17:15.53	16:57.52	16:47.27	16:40.13	16:34.65	16:30.22	16:26.51
<b>10000m</b>	<i>2 shares</i>		35:01.46	34:42.81	34:29.78	34:19.78	34:11.69	34:04.89
	<i>1 share</i>		35:43.90	35:25.66	35:12.90	35:03.12	34:55.19	34:48.53
<b>60mh(i)</b>	<i>2 shares</i>	8.92s	8.78s	8.70s	8.65s	8.60s	8.57s	8.54s
	<i>1 share</i>	9.05s	8.91s	8.83s	8.78s	8.73s	8.70s	8.67s
<b>100h</b>	<i>2 shares</i>	14.27s	14.04s	13.90s	13.81s	13.74s	13.68s	13.63s
	<i>1 share</i>	14.49s	14.26s	14.13s	14.04s	13.96s	13.91s	13.86s
<b>400h</b>	<i>2 shares</i>	1:01.84s	1:00.77s	1:00.16s	59.73s	59.41s	59.14s	58.92s
	<i>1 share</i>	1:02.82s	1:01.76s	1:01.16s	1:00.74s	1:00.42s	1:00.16s	59.94s
<b>20kw</b>	<i>2 shares</i>		1:43:26 min	1:41:35 min	1:40:18 min	1:39:20 min	1:38:3 3min	1:37:54 min
	<i>1 share</i>		1:46:55 min	1:45:05 min	1:43:49 min	1:42:52 min	1:42:06 min	1:41:27 min
<b>Mar.</b>	<i>2 shares</i>		2:41:45 min	2:40:10 min	2:39:03 min	2:38:12 min	2:37:31 min	2:36:56 min
	<i>1 share</i>		2:44:43 min	2:43:09 min	2:42:03 min	2:41:1 3min	2:40:32 min	2:39:58 min
<b>3000m steeple</b>	<i>2 shares</i>	10:46.36	10:31.76	10:23.47	10:17.83	10:13.10	10:09.67	10:06.25
	<i>1 share</i>	11:01.66	10:47.25	10:39.69	10:33.52	10:45.02	10:41.91	10:38.81

# INTERNATIONAL TEAM ASSISTANCE - WOMEN

## Field Events

Event	Standard	1993	1992	1991	1990	1989	1988	1987+
<b>HJ</b>	<i>2 shares</i>	1.72m	1.75m	1.77m	1.78m	1.79m	1.79m	1.80m
	<i>1 share</i>	1.69m	1.71m	1.73m	1.74m	1.75m	1.75m	1.76m
<b>LJ</b>	<i>2 shares</i>	5.85m	5.99m	6.06m	6.12m	6.16m	6.20m	6.23m
	<i>1 share</i>	5.71m	5.84m	5.92m	5.97m	6.02m	6.05m	6.09m
<b>TJ</b>	<i>2 shares</i>	12.21m	12.48m	12.64m	12.75m	12.84m	12.91m	12.97m
	<i>1 share</i>	11.93m	12.19m	12.34m	12.45m	12.53m	12.60m	12.66m
<b>PV</b>	<i>2 shares</i>	3.80m	3.85m	3.90m	3.95m	4.00m	4.05m	4.10m
	<i>1 share</i>	3.70m	3.75m	3.80m	3.85m	3.90m	3.95m	4.00m
<b>SP 4 Kg</b>	<i>2 shares</i>	14.33m	14.92m	15.26m	15.51m	15.69m	15.85m	15.98m
	<i>1 share</i>	13.88m	14.44m	14.77m	15.01m	15.19m	15.33m	15.46m
<b>DT 1 Kg</b>	<i>2 shares</i>	48.22m	50.19m	51.34m	52.16m	52.79m	53.31m	53.75m
	<i>1 share</i>	46.66m	48.58m	49.70m	50.49m	51.11m	51.36m	52.04m
<b>JT 600 gms</b>	<i>2 shares</i>	48.38m	50.19m	51.25m	52.00m	52.58m	53.06m	53.46m
	<i>1 share</i>	46.83m	48.58m	49.61m	50.34m	50.90m	51.36m	51.75m
<b>HT 4 Kg</b>	<i>2 shares</i>	53.91m	55.78m	56.87m	57.64m	58.24m	58.73m	59.15m
	<i>1 share</i>	52.18m	53.99m	55.04m	55.79m	56.37m	56.85m	57.25m
<b>HEPT.</b>	<i>2 shares</i>	4812pts	5008pts	5123pts	5205pts	5268pts	5319pts	5363pts
	<i>1 share</i>	4644pts	4833pts	4944pts	5022pts	5083pts	5133pts	5175pts