

2009 U of R Cougars Intrasquad Track Meet - 21/11/2009 to 22/11/2009**Kinesiology Centre****Results****Event 1 Women 50 Meter Dash**

Name	Team	Prelims	H#
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Preliminaries

1	Valois, Chelsea	University of Regina Cougars	5.78 Q	1
2	Ruller, Amanda	University of Regina Cougars	6.23 Q	2
3	Bauck, Robyn	University of Regina Cougars	6.55 Q	3
4	Davis, Tennille	University of Regina Cougars	6.25 q	2
5	Margetts, Merissa	University of Regina Cougars	6.33 q	1
6	Haselhan, Shalane	University of Regina Cougars	6.59 q	2
7	Breker, Nicole	University of Regina Cougars	6.63 q	1
8	Bauck, Sarah	University of Regina Cougars	6.65 q	3
9	Bella, Huguette	University of Regina Cougars	6.80	1
10	Jestadt, Alison	University of Regina Cougars	6.86	3
11	Gelsinger, Bobbi	University of Regina Cougars	7.15	2

Event 1 Women 50 Meter Dash

Name	Team	Finals	H#
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Finals

1	Ruller, Amanda	University of Regina Cougars	6.54	2
2	Valois, Chelsea	University of Regina Cougars	6.73	2
3	Margetts, Merissa	University of Regina Cougars	x6.81	1
4	Bauck, Robyn	University of Regina Cougars	x6.87	2
5	Davis, Tennille	University of Regina Cougars	x6.96	2
6	Bauck, Sarah	University of Regina Cougars	x7.15	1
7	Breker, Nicole	University of Regina Cougars	x7.25	1

Event 2 Men 50 Meter Dash

Name	Team	Prelims	H#
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Preliminaries

1	Walford, David	University of Regina Cougars	5.66 Q	1
2	Foote, Mason	University of Regina Cougars	5.74 Q	4
3	Clark, Eric	University of Regina Cougars	5.80 Q	3
4	Windrum, Mychael	University of Regina Cougars	5.91 Q	2
5	Eckert, Jeremy	University of Regina Cougars	5.82 q	4
6	Baker, Justin	University of Regina Cougars	5.85 q	3
7	Okere, Enyinnah	University of Regina Cougars	5.92 q	1
8	Ahmed, Uzair	University of Regina Cougars	5.97 q	2
9	White, Craig	University of Regina Cougars	6.01	2
10	Jestadt, Ian	University of Regina Cougars	6.03	4
11	Harak, Benjamin	University of Regina Cougars	6.19	3
12	Neilson, Cassidy	University of Regina Cougars	6.20	1
13	Inengi, Valentine	University of Regina Cougars	6.32	1
14	Gampi, Philip	University of Regina Cougars	6.52	3

Event 2 Men 50 Meter Dash

Name	Team	Finals	H#
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Finals

1	Foote, Mason	University of Regina Cougars	5.98	2
2	Ahmed, Uzair	University of Regina Cougars	6.09	1
2	Clark, Eric	University of Regina Cougars	x6.09	2
4	Walford, David	University of Regina Cougars	x6.10	2
5	Windrum, Mychael	University of Regina Cougars	x6.11	2

Finals ... (Event 2 Men 50 Meter Dash)

2009 U of R Cougars Intrasquad Track Meet - 21/11/2009 to 22/11/2009**Kinesiology Centre****Results**

Name	Team	Finals	H#
6 Baker, Justin	University of Regina Cougars	x6.20	1
7 Eckert, Jeremy	University of Regina Cougars	x6.28	1
8 Okere, Enyinnah	University of Regina Cougars	x6.51	1
Event 3 Women 400 Meter Dash			
Name	Team	Finals	H#
Finals			
1 Davis, Tennille	University of Regina Cougars	1:01.00	
2 Valois, Chelsea	University of Regina Cougars	1:01.70	
Event 4 Men 400 Meter Dash			
Name	Team	Finals	H#
Finals			
1 Clark, Eric	University of Regina Cougars	51.30	1
2 White, Craig	University of Regina Cougars	55.30	1
3 Singleton, Mitchell	University of Regina Cougars	x58.00	1
4 Inengi, Valentine	University of Regina Cougars	x59.00	2
5 Gampi, Philip	University of Regina Cougars	x59.90	2
Event 6 Men 800 Meter Run			
Name	Team	Finals	H#
Finals			
1 Potosme, Miguel	University of Regina Cougars	2:03.30	
2 Mitchell, Robert	Unattached	2:04.30	
3 Singleton, Mitchell	University of Regina Cougars	2:10.90	
4 Mehari, Awet	University of Regina Cougars	x2:15.70	
5 Gampi, Philip	University of Regina Cougars	x2:22.00	
Event 9 Women Long Jump			
Name	Team	Finals	H#
Finals			
1 Valois, Chelsea	University of Regina Cougars	5.47m	
2 Haselhan, Shalane	University of Regina Cougars	4.92m	
3 Gelsinger, Bobbi	University of Regina Cougars	x4.80m	
4 Foraie, Richelle	University of Regina Cougars	x4.50m	
5 Bauck, Sarah	University of Regina Cougars	x4.29m	
6 Braul, Lindsay	University of Regina Cougars	x4.23m	
7 Grebinski, Lauren	University of Regina Cougars	x3.97m	
Event 10 Men Long Jump			
Name	Team	Finals	H#
Finals			
1 Eckert, Jeremy	University of Regina Cougars	7.11m	
2 Baker, Justin	University of Regina Cougars	6.68m	
3 Inengi, Valentine	University of Regina Cougars	x5.68m	
3 Harak, Benjamin	University of Regina Cougars	x5.68m	
5 Glazer, Drew	University of Regina Cougars	x5.61m	

2009 U of R Cougars Intrasquad Track Meet - 21/11/2009 to 22/11/2009**Kinesiology Centre****Results****Event 11 Women Triple Jump**

Name	Team	Finals	H#
Finals			
1 Breker, Nicole	University of Regina Cougars	11.23m	
2 Bauck, Robyn	University of Regina Cougars	10.77m	
3 Jestadt, Alison	University of Regina Cougars	x10.26m	
4 Bochek, Toni	University of Regina Cougars	x9.47m	

Event 12 Men Triple Jump

Name	Team	Finals	H#
Finals			
1 Walford, David	University of Regina Cougars	13.36m	
2 Jestadt, Ian	University of Regina Cougars	13.29m	
3 MacDonald, Connor	University of Regina Cougars	x12.60m	
4 Glazer, Drew	University of Regina Cougars	x12.47m	

Event 19 Women Shot Put

Name	Team	Finals	H#
Finals			
1 Labrecque, Chantelle	University of Regina Cougars	10.91m	
2 Bello, AbiOla	University of Regina Cougars	10.34m	
3 Ecklund, Kirsten	University of Regina Cougars	x10.08m	
4 Dyck, Emma	University of Regina Cougars	x10.01m	
5 Bradley, Amanda	University of Regina Cougars	x8.24m	

Event 20 Men Shot Put

Name	Team	Finals	H#
Finals			
1 Pickering, Chris	University of Regina Cougars	15.48m	
2 Pakula, Codey	University of Regina Cougars	10.76m	
3 Harak, Benjamin	University of Regina Cougars	x8.83m	
4 Eckert, Jeremy	University of Regina Cougars	x8.22m	

Event 21 Women High Jump

Name	Team	Finals	H#
Finals			
1 Haselhan, Shalane	University of Regina Cougars	1.66m	
2 Valois, Chelsea	University of Regina Cougars	1.60m	
3 Bochek, Toni	University of Regina Cougars	x1.51m	
3 Grebinski, Lauren	University of Regina Cougars	x1.51m	
5 Foraie, Richelle	University of Regina Cougars	x1.45m	

Event 22 Men High Jump

Name	Team	Finals	H#
Finals			
1 MacDonald, Connor	University of Regina Cougars	2.02m	
2 Andersen, Leslie	University of Regina Cougars	1.93m	
3 Glazer, Drew	University of Regina Cougars	x1.75m	
4 Harak, Benjamin	University of Regina Cougars	x1.66m	

2009 U of R Cougars Intrasquad Track Meet - 21/11/2009 to 22/11/2009**Kinesiology Centre****Results****Event 23 Women Weight Throw**

Name	Team	Finals	H#
Finals			
1 Bello, AbiOla	University of Regina Cougars	12.26m	
2 Ecklund, Kirsten	University of Regina Cougars	11.91m	
3 Dyck, Emma	University of Regina Cougars	x11.54m	
4 Labrecque, Chantelle	University of Regina Cougars	x11.16m	

Event 24 Men Weight Throw

Name	Team	Finals	H#
Finals			
1 Pickering, Chris	University of Regina Cougars	15.23m	
2 Pakula, Codey	University of Regina Cougars	11.34m	