

2018 WOMEN'S INDOOR RECORDS

*1200 – Bantam Women

New:	3:51.90	Molly Lakustiak (04) RMSC	Regina	02/12/17
New:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17

4x100m – Midget Women

New:	50.82	Saskatoon Track & Field Club	Winnipeg	04/03/17
		(Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02)		
Old:	51.02	Riversdale Athletic Club	Saskatoon	05/02/05
		(Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)		

Sprint Medley – Midget Women

New:	1:52.86	Saskatoon Track & Field Club	Saskatoon	18/03/17
		(Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)		
Old:	153.51	Saskatoon Track & Field Club	Saskatoon	19/03/16
		(Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)		

2018 OPEN WOMEN'S INDOOR RECORDS

*1200 – Bantam Women

New:	3:51.90	Molly Lakustiak (04) RMSC	Regina	02/12/17
Old:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17

4x100m – Midget Women

New:	50.82	Saskatoon Track & Field Club	Winnipeg	04/03/17
		(Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02)		
Old:	51.02	Riversdale Athletic Club	Saskatoon	05/02/05
		(Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)		

Sprint Medley – Midget Women

New:	1:52.86	Saskatoon Track & Field Club	Saskatoon	18/03/17
		(Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)		
Old:	153.51	Saskatoon Track & Field Club	Saskatoon	19/03/16
		(Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)		

2018 MASTER WOMEN'S INDOOR RECORDS

*60m - W 45

New:	8.64	Amanda Stalwick (72) 45 DATC	Saskatoon	02/12/17
Old:	8.75	Laurie Meloche 45 EXCL	Edmonton	03/03/07

*60m - W 50

New:	8.76	Kelly Silcox (66) 51 EXCL	Regina	02/12/17
Old:	8.85	Kelly Silcox (66) 50 EXCL	Winnipeg	03/03/17

200m - W 50

New:	29.22	Kelly Silcox (66) 50 EXCL	Winnipeg	04/03/17
Old:	29.22	Kelly Silcox (66) 50 EXCL	Winnipeg	04/03/17

Weight Throw (16lbs) - W 50

New:	10.68m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	18/03/17
Old:	10.68m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	18/03/17

300m - W 55

New:	52.01	Rhonda Tremblay (60) 56 RIVA	Saskatoon	27/01/17
Old:	52.01	Rhonda Tremblay (60) 56 RIVA	Saskatoon	27/01/17

400m - W 55

New:	1:13.91	Rhonda Tremblay (60) 56 RIVA	Regina	10/02/17
Old:	1:13.91	Rhonda Tremblay (60) 56 RIVA	Regina	10/02/17

50m Hurdles - W 55

New:	8.84 CR&ChR	Muriel Gieni (58) 58 RIVA	Toronto	11/03/17
Old:	8.84 CR&ChR	Muriel Gieni (58) 58 RIVA	Toronto	11/03/17

Triple Jump - W 55

New:	9.44m CR&ChR	Muriel Gieni (58) 58 RIVA	Toronto	12/03/17
Old:	9.44m CR&ChR	Muriel Gieni (58) 58 RIVA	Toronto	12/03/17

2018 MASTER WOMEN'S INDOOR RECORDS

Weight Throw (12lbs) - W 65

New:	10.55m	Vi Mizuno (51) 65 SCTM	Saskatoon	18/03/17
Old:	10.55m	Vi Mizuno (51) 65 SCTM	Saskatoon	18/03/17

50m - W 70

New:	8.10 CR&ChR	Carol LaFayette-Boyd (42) 74 EXCL	Toronto	11/03/17
OLD:	8.10 CR&ChR	Carol LaFayette-Boyd (42) 74 EXCL	Toronto	11/03/17

*60m - W 75

New:	9.68 CR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	02/12/17
Old:	12.22	Gwen Bovin 75	Kamloops	02/03/10

*200m - W 75

New:	34.89	Carol LaFayette-Boyd (42) 75 EXCL	Regina	02/12/17
Old:	51.85	Gwen Bovin 75	Kamloops	12/02/10

*Long Jump - W 75

New:	3.76m CRWR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	02/12/17
Old:	2.84m	Gwen Bovin 75	Regina	21/04/12

2018 MEN'S INDOOR RECORDS

50m – Bantam Men

New:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17
Old:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17

*150m – Bantam Men

New:	18.61	Williams Ogunnubi (05) RIVA	Saskatoon	02/12/17
Old:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17

200m – Youth Men

New:	22.53	Vaughn Taylor (00) EXCL	Winnipeg	04/03/17
Old:	22.53	Vaughn Taylor (00) EXCL	Winnipeg	04/03/17

1000m – Youth Men

New:	2:33.86	Brayden Mytopher (00) SATS	Winnipeg	03/02/17
Old:	2:33.86	Brayden Mytopher (00) SATS	Winnipeg	03/02/17

60m Hurdles (.91m) – Youth Men

New:	7.95 Champ Rec	Payne Wylie (00) RIVA	Montreal	18/02/17
Old:	7.95 Champ Rec	Payne Wylie (00) RIVA	Montreal	18/02/17

60m Hurdles (.99m) – Youth Men

New:	8.23	Payne Wylie (00) RIVA	Edmonton	04/03/17
Old:	8.23	Payne Wylie (00) RIVA	Edmonton	04/03/17

2018 OPEN MEN'S INDOOR RECORDS

*150m – Bantam Men

New:	18.61	Williams Ogunnubi (05) RIVA	Saskatoon	02/12/17
Old:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17

2018 MASTER MEN'S INDOOR RECORDS

60m - M 40

New:	7.58	Chad Kichula (76) 40 EXCL	Saskatoon	28/01/17
Old:	7.58	Chad Kichula (76) 40 EXCL	Saskatoon	28/01/17

*200m - M 40

New:	25.06	Chad Kichula (76) 41 EXCL	Saskatoon	02/12/17
Old:	25.57	Brian Berquist (53) 41 RIVA	Regina	10/02/95

*60m Hurdles - M 55

New:	11.22	Dale Lawrence (58) 59 UNSK	Regina	02/12/17
Old:	11.31	Brian Berquist (53) 56 RIVA	Kamloops	02/03/10

*Triple Jump - M 55

New:	9.65m	Dale Lawrence (58) 59 UNSK	Regina	02/12/17
Old:	9.32m	Dale Lawrence (58) 58 UNSK	Toronto	20/03/16

600m - M 60

New:	1:45.89	Keith Meszaros (56) 60 SCTM	Saskatoon	03/12/16
Old:	1:45.89	Keith Meszaros (56) 60 SCTM	Saskatoon	03/12/16

5000m - M 60

New:	20:41.42	Dave Olsen (55) 61 UNSK	Winnipeg	03/03/17
Old:	20:41.42	Dave Olsen (55) 61 UNSK	Winnipeg	03/03/17

High Jump - M 70

New:	1.30m Champ Rec	Roland Delhomeau (45) 72 SCTM	Toronto	12/03/17
Old:	1.30m Champ Rec	Roland Delhomeau (45) 72 SCTM	Toronto	12/03/17

Weight Throw 16lbs - M 70

New:	12.68m	Art Battiste (42) 74 SCTM	Saskatoon	27/01/17
Old:	12.68m	Art Battiste (42) 74 SCTM	Saskatoon	27/01/17

2018 MASTER MEN'S INDOOR RECORDS

300m - M 75

New:	55.03	Doug Renwick (42) 75 SCTM	Regina	10/02/17
Old:	55.03	Doug Renwick (42) 75 SCTM	Regina	10/02/17

400m - M 75

New:	76.53 Champ Rec	Doug Renwick (42) 75 SCTM	Toronto	11/03/17
Old:	76.53 Champ Rec	Doug Renwick (42) 75 SCTM	Toronto	11/03/17

600m - M 75

New:	2:07.01	Doug Renwick (42) 75 SCTM	Edmonton	04/03/17
OLD:	2:07.01	Doug Renwick (42) 75 SCTM	Edmonton	04/03/17

800m - M 75

New:	3:05.25	Doug Renwick (42) 75 SCTM	Saskatoon	17/03/17
Old:	3:05.25	Doug Renwick (42) 75 SCTM	Saskatoon	17/03/17

1000m - M 75

New:	4:02.43	Doug Renwick (42) 75 SCTM	Toronto	12/03/17
Old:	4:02.43	Doug Renwick (42) 75 SCTM	Toronto	12/03/17

1500m - M 75

New:	6:48.19	Doug Renwick (42) 75 SCTM	Saskatoon	18/03/17
Old:	6:48.19	Doug Renwick (42) 75 SCTM	Saskatoon	18/03/17

3000m - M 75

New:	14:55.63	Doug Renwick (42) 75 SCTM	Regina	10/02/17
Old:	14:55.63	Doug Renwick (42) 75 SCTM	Regina	10/02/17

50m Hurdles - M 75

New:	11.85 CR&ChR	Doug Renwick (42) 75 SCTM	Toronto	12/03/17
Old:	11.85 CR&ChR	Doug Renwick (42) 75 SCTM	Toronto	12/03/17

Pole Vault - M 75

New:	2.10m	Doug Renwick (42) 75 SCTM	Wisconsin	29/01/17
Old:	2.10m	Doug Renwick (42) 75 SCTM	Wisconsin	29/01/17

2018 WOMEN'S OUTDOOR RECORDS

1200m - Bantam Women

New:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17
Old:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17

300m - Midget Women

New:	40.63	Savannah Sutherland (03) Team Sask	Winnipeg	14/07/17
Old:	40.63	Savannah Sutherland (03) Team Sask	Winnipeg	14/07/17

1500m Steeplechase 30'' - Midget Women

New:	5:15.18	Jenna McFadyen (02) Team Sask	Brandon	13/08/17
Old:	5:15.18	Jenna McFadyen (02) Team Sask	Brandon	13/08/17

4x200m - Midget & Youth Women

New:	1:49.31	Saskatoon Track Club	Regina	13/05/17
		Savannah Sutherland (03), Paige Willems (02), Olamide Olaloku (03), Joelee Helmeczi (02)		
Old:	1:49.31	Saskatoon Track Club	Regina	13/05/17
		Savannah Sutherland (03), Paige Willems (02), Olamide Olaloku (03), Joelee Helmeczi (02)		

800m - Senior Women

New:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17
Old:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17

2018 OPEN WOMEN'S OUTDOOR RECORDS

1200m - Bantam Women

New:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17
Old:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17

800m - Senior Women

New:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17
Old:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

100m - W 50

New:	13.63 (0.6)	Kelly Silcox (66) 51 EXCL	Regina	10/06/17
Old:	13.63 (0.6)	Kelly Silcox (66) 51 EXCL	Regina	10/06/17

200m - W 50

New:	28.48 (1.1)	Kelly Silcox (66) 51 EXCL	Regina	11/06/17
Old:	28.48 (1.1)	Kelly Silcox (66) 51 EXCL	Regina	11/06/17

Javelin 500gm – W50

New:	24.52m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17
Old:	24.52m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17

Hammer 3kg – W50

New:	32.83m	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17
Old:	32.83m	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17

Weight Throw 16lbs – W50

New:	11.17m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17
Old:	11.17m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17

Weight Pentathlon – W50

New:	2971 pts (HT – 32.83m, SP – 8.52m, DT – 23.79m, JT – 23.10m, WT – 10.86m)	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17
Old:	2971 pts (HT – 32.83m, SP – 8.52m, DT – 23.79m, JT – 23.10m, WT – 10.86m)	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17

Shot Put 3kg – W60

New:	9.53m	Selina Coward (54) 62 EXCL	Regina	11/06/17
Old:	9.53m	Selina Coward (54) 62 EXCL	Regina	11/06/17

Javelin 500gm – W65

New:	19.93m	Vi Mizuno (51) 65 SCTM	Regina	10/06/17
Old:	19.93m	Vi Mizuno (51) 65 SCTM	Regina	10/06/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

Weight Throw 12lbs – W65

New:	11.19m	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
Old:	11.19m	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17

Weight Pentathlon – W65

New:	3130 pts	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
		(HT – 21.01m, SP – 7.01m, DT – 19.32m, JT – 18.14m, WT – 11.19m)		
Old:	3130 pts	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
		(HT – 21.01m, SP – 7.01m, DT – 19.32m, JT – 18.14m, WT – 11.19m)		

Javelin 500gm – W70

New:	12.84m	Gillian Gracie (43) 74 UNSK	Saskatoon	27/08/17
Old:	12.84m	Gillian Gracie (43) 74 UNSK	Saskatoon	27/08/17

Weight Pentathlon – W70

New:	2990 pts	Gill Gracie (43) 74 UNSK	Saskatoon	27/08/17
		(HT – 19.12m, SP – 7.44m, DT – 16.57m, JT – 12.84m, WT – 8.17m)		
New:	2990 pts	Gill Gracie (43) 74 UNSK	Saskatoon	27/08/17
		(HT – 19.12m, SP – 7.44m, DT – 16.57m, JT – 12.84m, WT – 8.17m)		

100m – W75

New:	15.15 (0.6) WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	10/06/17
Old:	15.15 (0.6) WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	10/06/17

200m – W75

New:	31.89 (1.5) WR/CR	Carol LaFayette-Boyd (42) 75 EXCL	Toronto	12/08/17
Old:	31.89 (1.5) WR/CR	Carol LaFayette-Boyd (42) 75 EXCL	Toronto	12/08/17

High Jump – W75

New:	1.23m WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	1.23m WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	11/06/17

Long Jump – W75

New:	4.09m (0.1) WR/CR	Carol LaFayette-Boyd (42) 75 EXCL	Toronto	12/08/17
Old:	4.09m (0.1) WR/CR	Carol LaFayette-Boyd (42) 75 EXCL	Toronto	12/08/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

Triple Jump – W75

New:	8.19m (0.4) WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	8.19m (0.4) WR	Carol LaFayette-Boyd (42) 75 EXCL	Regina	11/06/17

2018 MEN'S OUTDOOR RECORDS

80m – Bantam Men

New:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17
Old:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17

150m – Bantam Men

New:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17
Old:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17

Javelin 400gm – Bantam Men

New:	39.52m	Anthony Rock (04) SLLT	Toronto	17/07/17
Old:	39.52m	Anthony Rock (04) SLLT	Toronto	17/07/17

Hammer 4kg – Midget Men

New:	47.70m	Hunter Wallster (02) TMSI	Prince Albert	23/09/17
Old:	47.70m	Hunter Wallster (02) TMSI	Prince Albert	23/09/17

100m – Youth Men

New:	10.88 (+1.7)	Dami Ogunbiyi (01) TMSK	Brandon	11/08/17
Old:	10.88 (+1.7)	Dami Ogunbiyi (01) TMSK	Brandon	11/08/17

400m – Youth Men

New:	47.92	Vaughn Taylor (00) EXCL/CAN	Bahamas	21/07/17
Old:	47.92	Vaughn Taylor (00) EXCL/CAN	Bahamas	21/07/17

110m Hurdles 36" – Youth Men

New:	13.90 (+0.0)	Payne Wylie (00) RIVA/TS	Brandon	11/08/17
Old:	13.90 (+0.0)	Payne Wylie (00) RIVA/TS	Brandon	11/08/17

400m Hurdles 33" – Youth Men

New:	54.06	Payne Wylie (00) RIVA/TS	Brandon	13/08/17
Old:	54.06	Payne Wylie (00) RIVA/TS	Brandon	13/08/17

400m Hurdles 36" – Youth Men

New:	53.82	Payne Wylie (00) TMS/RIVA	Winnipeg	31/07/17
Old:	53.82	Payne Wylie (00) TMS/RIVA	Winnipeg	31/07/17

2018 OPEN MEN'S OUTDOOR RECORDS

80m – Bantam Men

New:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17
Old:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17

150m – Bantam Men

New:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17
Old:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17

Javelin 400gm – Bantam Men

New:	39.52m	Anthony Rock (04) SLLT	Toronto	17/07/17
Old:	39.52m	Anthony Rock (04) SLLT	Toronto	17/07/17

Hammer 4kg – Midget Men

New:	47.70m	Hunter Wallster (02) ELTC	Prince Albert	23/09/17
Old:	47.70m	Hunter Wallster (02) ELTC	Prince Albert	23/09/17

400m – Youth Men

New:	47.92	Vaughn Taylor (00) EXCL/CAN	Bahamas	21/07/17
Old:	47.92	Vaughn Taylor (00) EXCL/CAN	Bahamas	21/07/17

110m Hurdles 36" – Youth Men

New:	13.90 (+0.0)	Payne Wylie (00) RIVA/TS	Brandon	11/08/17
Old:	13.90 (+0.0)	Payne Wylie (00) RIVA/TS	Brandon	11/08/17

400m Hurdles 33" – Youth Men

New:	54.06	Payne Wylie (00) RIVA/TS	Brandon	13/08/17
Old:	54.06	Payne Wylie (00) RIVA/TS	Brandon	13/08/17

400m Hurdles 36" – Youth Men

New:	53.82	Payne Wylie (00) TMS/RIVA	Winnipeg	31/07/17
Old:	53.82	Payne Wylie (00) TMS/RIVA	Winnipeg	31/07/17

2018 MASTER MEN'S OUTDOOR RECORDS

100m Hurdles – M55

New:	20.39 (1.0)	Dale Lawrence (58) 59 UNSK	Regina	10/06/17
Old:	20.39 (1.0)	Dale Lawrence (58) 59 UNSK	Regina	10/06/17

3000m – M60

New:	11:40.14	Keith Meszaros (56) 61 SCTM	Regina	11/06/17
Old:	11:40.14	Keith Meszaros (56) 61 SCTM	Regina	11/06/17

Shot Put (4kg) – M70

New:	10.59m	Art Battiste (42) 74 SCTM	Regina	13/05/17
Old:	10.59m	Art Battiste (42) 74 SCTM	Regina	13/05/17

Weight Throw (16lbs) – M70

New:	12.05m	Art Battiste (42) 74 SCTM	Regina	11/06/17
Old:	12.05m	Art Battiste (42) 74 SCTM	Regina	11/06/17

400m – M75

New:	1:15.03	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	1:15.03	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

800m – M75

New:	3:05.18	Doug Renwick (42) 75 SCTM	Regina	13/05/17
Old:	3:05.18	Doug Renwick (42) 75 SCTM	Regina	13/05/17

1500m – M75

New:	6:33.75	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
Old:	6:33.75	Doug Renwick (42) 75 SCTM	Toronto	11/08/17

3000m – M75

New:	14:15.77	Doug Renwick (42) 75 SCTM	Regina	11/06/17
Old:	14:15.77	Doug Renwick (42) 75 SCTM	Regina	11/06/17

5000m – M75

New:	23:43.95	Doug Renwick (42) 75 SCTM	Regina	13/05/17
Old:	23:43.95	Doug Renwick (42) 75 SCTM	Regina	13/05/17

2018 MASTER MEN'S OUTDOOR RECORDS

300m Hurdles 27" – M75

New:	60.80	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	60.80	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

2000m Steeplechase 30" – M75

New:	10:05.78	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	10:05.78	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

Pole Vault – M75

New:	1.90m	Doug Renwick (42) 75 SCTM	Regina	10/06/17
Old:	1.90m	Doug Renwick (42) 75 SCTM	Regina	10/06/17

Decathlon – M75

New:	1576pts	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		
Old:	1576pts	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		

Decathlon – M75Age graded

New:	5071pts CR	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		
Old:	5071pts CR	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		

Pentathlon – M75

New:	2730 pts	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
		(200m – 34.40 (-0.4), DT – 17.81m, JT – 16.10m, LJ – 3.37m (1.6), 1500m – 6:33.75)		
Old:	2730 pts	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
		(200m – 34.40 (-0.4), DT – 17.81m, JT – 16.10m, LJ – 3.37m (1.6), 1500m – 6:33.75)		