

## 2017 Outdoor Rankings Master Men

Time/Dist	Athlete			Date	Location
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### 50 Metres

6.46	NWI	Mike Taylor	81	PAAC	10/06/2017	Regina
6.88	NWI	Colin Ellis	67	EXCL	10/06/2017	Regina
7.36	NWI	John Headley	56	RIVA	10/06/2017	Regina
7.45	NWI	Dale Lawrence	58	UNSK	10/06/2017	Regina
9.03	NWI	Roland Delhomeau	45	SCTM	10/06/2017	Regina

### 100 Metres

11.86	-0.2	Chad Kichula	76	EXCL	10/06/2017	Regina
12.60	0.9	Colin Ellis	67	EXCL	10/06/2017	Regina
13.74	0.9	John Headley	56	RIVA	10/06/2017	Regina
13.78	1.3	Marcel D'Eon	53	RIVA	11/08/2017	Ontario
16.46	1.7	Doug Renwick	42	SCTM	13/05/2017	Alberta
16.68	0.9	Massey Mizuno	51	SCTM	10/06/2017	Regina
20.04	0.9	Hike van der Wal	38	AIAT	10/06/2017	Regina

### Athlete with a Disability

12.82	NWI	Janz Stein	81	EXCL	11/08/2017	Ontario
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### Wind/No Wind

11.84	3.0	Chad Kichula	76	EXCL	23/06/2017	Manitoba
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### 200 Metres

24.97	1.5	Chad Kichula	76	EXCL	10/06/2017	Regina
27.75	1.0	Marcel D'Eon	53	RIVA	11/08/2017	Ontario
26.84	1.5	Colin Ellis	67	EXCL	10/06/2017	Regina
29.41	1.4	John Headley	56	RIVA	10/06/2017	Regina
32.16	1.4	Al Rogers	56	UNSK	10/06/2017	Regina
34.40	-0.4	Doug Renwick	42	SCTM	11/08/2017	Ontario
35.85	1.4	Massey Mizuno	51	SCTM	10/06/2017	Regina

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**200 Metres Cont'd**

**Wind/No Wind**

23.73	2.2	Chad Kichula	76	EXCL	11/08/2017	Ontario
25.89	NWI	Colin Ellis	67	EXCL	06/05/2017	Regina

**400 Metres**

59.89		Colin Ellis	67	EXCL	06/05/2017	Regina
1:05.76		Marcel D'Eon	53	RIVA	11/08/2017	Ontario
1:09.29		Al Rogers	56	UNSK	10/06/2017	Regina
1:15.03		Doug Renwick	42	SCTM	11/08/2017	Ontario

**800 Metres**

2:39.39		Al Rogers	56	UNSK	10/06/2017	Regina
3:05.18		Doug Renwick	42	SCTM	06/05/2017	Regina

**1500 Metres**

5:22.53		Keith Meszaros	56	SCTM	10/06/2017	Regina
5:47.24		Doug Renwick	42	SCTM	13/05/2017	Alberta

**3000 Metres**

11:23.40		John Svec	65	UNSK	10/06/2017	Regina
11:40.14		Keith Meszaros	56	SCTM	10/06/2017	Regina
12:02.81		Dave Olsen	55	UNSK	10/06/2017	Regina
14:15.77		Doug Renwick	42	SCTM	10/06/2017	Regina

**5000 Metres**

19:19.45		Gerry Nagy	62	JPRC	06/05/2017	Regina
23:43.95		Doug Renwick	42	SCTM	06/05/2017	Regina

**10,000 Metres**

51:52.41		Dave Olsen	55	UNSK	11/08/2017	Ontario
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<b>Time/Dist</b>		<b>Athlete</b>	<b>Date</b>	<b>Location</b>
<b>80m Hurdles</b>				
20.68	0.0	Roland Delhomeau 45 SCTM	11/08/2017	Ontario
47.61	0.0	Hike van der Wal 38 AIAT	11/08/2017	Ontario
<b>100m Hurdles</b>				
20.39	1.0	Dale Lawrence 58 UNSK	10/06/2017	Regina
27.31	1.0	Hike van der Wal 38 AIAT	10/06/2017	Regina
<b>300m Hurdles</b>				
1:00.80		Doug Renwick 42 SCTM	11/08/2017	Ontario
1:07.28		Roland Delhomeau 45 SCTM	11/08/2017	Ontario
2:04.06		Hike van der Wal 38 AIAT	10/06/2017	Regina
<b>2000m Steeple Chase</b>				
8:03.89		John Svec 65 UNSK	10/06/2017	Regina
10:05.78		Doug Renwick 42 SCTM	11/08/2017	Ontario
<b>High Jump</b>				
1.23m		Roland Delhomeau 45 SCTM	10/06/2017	Regina
1.15m		Doug Renwick 42 SCTM	13/05/2017	Alberta
<b>Pole Vault</b>				
1.90m		Doug Renwick 42 SCTM	06/05/2017	Regina
<b>Long Jump</b>				
4.34m	-1.1	Dale Lawrence 58 UNSK	10/06/2017	Regina
3.64m	0.0	Doug Renwick 42 SCTM	11/08/2017	Ontario
3.13m	-0.3	Massey Mizuno 51 SCTM	10/06/2017	Regina
3.10m	0.0	Randy Warick 49 SCTM	10/06/2017	Regina
2.72m	-0.7	Hike van der Wal 38 AIAT	10/06/2017	Regina



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<b>Hammer</b>					
29.43m	Art Battiste	42	SCTM	10/06/2017	Regina
24.54m	Brian Berquist	53	RIVA	23/09/2017	Prince Albert
24.51m	Bob Edwards	40	YLTC	10/06/2017	Regina
24.01m	Roland Delhomeau	45	SCTM	29/09/2016	Saskatoon
21.58m	Les Ferguson	46	SCTM	28/07/2017	Saskatoon
<b>Javelin</b>					
32.57m	Dale Lawrence	58	UNSK	06/05/2017	Regina
27.91m	Brian Berquist	53	RIVA	23/09/2017	Prince Albert
27.87m	Art Battiste	42	SCTM	06/05/2017	Regina
24.53m	Roland Delhomeau	45	SCTM	10/06/2017	Regina
17.77m	Les Ferguson	46	SCTM	23/09/2017	Prince Albert
16.69m	Doug Renwick	42	SCTM	13/05/2017	Alberta
16.44m	Bob Edwards	40	YLTC	29/09/2016	Saskatoon
<b>Weight Throw</b>					
12.05m	Art Battiste	42	SCTM	10/06/2017	Regina
11.94m	Roland Delhomeau	45	SCTM	10/06/2017	Regina
9.57m	Les Ferguson	46	SCTM	29/09/2016	Saskatoon
9.44m	Brian Berquist	53	RIVA	23/09/2017	Prince Albert
8.88m	Bob Edwards	40	YLTC	10/06/2017	Regina
<b>Decathlon</b>					
1186	Doug Renwick	42	SCTM	13/05/2017	Alberta
	16.46 (1.7) 100m; 3.50m (3.2) LJ; 6.37m SP; 1.15 HJ; 1:20.35 400m; 21.38 (1.2) 80mH; 18.53m DT; 1.80m PV; 16.69 JT; 6:47.24 1500m				
<b>Outdoor Pentathlon</b>					
2730 pts	Doug Renwick	42	SCTM	11/08/2017	Ontario
	34.40 (-0.4) 200m; 16.10m JT; 3.37m (1.6) LJ; 17.81m DT; 6:33.75 1500m				
2249pts	Darren Peters	77	EXCL	11/08/2017	Ontario
	28.309 (-1.7) 200m; 40.88m JT; 5.74m (2.0) LJ; 31.27m DT; 5:50.39 1500m				

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<b>Weight Pentathlon</b>			
2948 pts	Art Battiste 26.92m JT; 25.76m HT; 30.21m DT; 11.00m WT; 10.10m SP	42 SCTM 29/09/2016	Saskatoon
2687 pts	Brian Berquist 31.61m JT; 27.09m HT; 35.52m DT; 10.30m WT; 9.89m SP	53 RIVA 29/06/2016	Saskatoon
2473 pts	Roland Delhomeau 21.66m JT; 24.01m HT; 24.85m DT; 11.01m WT; 8.04m SP	45 SCTM 29/09/2016	Saskatoon
2260 pts	Bob Edwards 16.44m JT; 24.25m HT; 19.35m DT; 8.56m WT; 6.94m SP	40 YLTC 29/09/2016	Saskatoon
2170 pts	Les Ferguson 17.23m JT; 21.58m HT; 24.20m DT; 9.54m WT; 8.39m SP	46 SCTM 29/09/2016	Saskatoon
2000 pts	Viorel Magnea 34.66m JT; ND HT; 32.39m DT; 8.31m WT; 10.36 SP	64 DATC 29/06/2016	Saskatoon