

WOMEN'S INDOOR TRACK RECORDS

as of DECEMBER 2019

50 METRES

| | | | | | | |
|----------|------|-------------------|----|-------|-----------|----------|
| U14 | 7.10 | JULEAH DUESING | 02 | QCS | SASKATOON | 21/03/15 |
| U16, U18 | 6.38 | JENNI HUCUL | 88 | STFC | SASKATOON | 08/02/03 |
| U20 | 6.38 | JENNI HUCUL | 88 | STFC | SASKATOON | 08/02/03 |
| | 6.3 | JOANNE McTAGGART | 54 | STC | EDMONTON | 10/02/73 |
| | 6.3 | JOANNE McTAGGART | 54 | STC | EDMONTON | 11/03/73 |
| SENIOR | 6.38 | JENNI HUCUL | 88 | STFC | SASKATOON | 08/02/03 |
| | 6.3 | JOANNE McTAGGART | 54 | STC | EDMONTON | 10/02/73 |
| | 6.3 | JOANNE McTAGGART | 54 | STC | EDMONTON | 11/03/73 |
| | 6.3 | DIEDRE DORATY | 56 | RIV | EDMONTON | 06/02/76 |
| | 6.3 | JOANNE McTAGGART | 54 | PGC | MONTREAL | 04/03/78 |
| | 6.3 | ROSALIE FLYNN | 58 | US | EDMONTON | 17/02/79 |
| | 6.18 | *PHILOMENA MENSAH | 62 | BC-CC | SASKATOON | 09/01/99 |

60 METERS

| | | | | | | |
|---------------|------|-------------------|----|--------|-----------|----------|
| U14 | 7.77 | JENNI HUCUL | 88 | STFC | SASKATOON | 08/12/01 |
| U16, U18, U20 | 7.45 | JENNI HUCUL | 88 | STFC | SASKATOON | 09/02/03 |
| SENIOR | 7.45 | JENNI HUCUL | 88 | STFC | SASKATOON | 09/02/03 |
| | 7.18 | *CARLETTE GUIDRY | | ADIDAS | SASKATOON | 14/01/96 |
| | 7.18 | *PHILOMENA MENSAH | 62 | BC-CC | SASKATOON | 10/01/99 |

150 METRES

| | | | | | | |
|-----|-------|----------------|----|-----|----------|----------|
| U14 | 19.71 | JULEAH DUESING | 02 | QCS | WINNIPEG | 07/03/15 |
|-----|-------|----------------|----|-----|----------|----------|

200 METRES

| | | | | | | |
|--------|-------|---------------------|----|-------|-----------|----------|
| U16 | 24.69 | JENNI HUCUL | 88 | STFC | WINNIPEG | 07/03/03 |
| U18 | 24.69 | JENNI HUCUL | 88 | STFC | WINNIPEG | 07/03/03 |
| U20 | 24.67 | RACHEL ROSIN | 96 | RIVA | IDAHO | 21/02/15 |
| | 24.40 | *JILLIAN RICHARDSON | 65 | AB-CS | SASKATOON | 28/01/83 |
| SENIOR | 23.90 | LADONNA ANTOINE | 74 | RAT | USA | 31/01/97 |
| | 23.68 | *KALTOUMA NADJINA | | CHAD | SASKATOON | 04/02/10 |

300 METRES

| | | | | | | |
|--------|--------------|----------------------------|-----------|-------------|-----------------|-----------------|
| U16 | 39.72 | JENNI HUCUL | 88 | STFC | EDMONTON | 15/02/03 |
| | 39.01 | *JILLIAN RICHARDSON | 65 | AB-CS | SASKATOON | 30/12/80 |
| U18 | 39.41 | SAVANNAH SUTHERLAND | 03 | STFC | EDMONTON | 09/03/19 |
| | 39.01 | *JILLIAN RICHARDSON | 65 | AB-CS | SASKATOON | 30/12/80 |
| U20 | 38.79 | LISA KROLL | 65 | US | SASKATOON | 03/03/84 |
| | 37.97 | *ANGELA BAILEY | 58 | ON-UTTC | SASKATOON | 30/12/81 |
| SENIOR | 37.47 | BRIANNE THEISEN-EATON | 88 | UNA | BOSTON | 14/02/16 |
| | 36.91 | *ANGELA TAYLOR | 58 | ON-SO | SASKATOON | 30/12/80 |

400 METRES

| | | | | | | |
|-----|-------|---------------------|----|-------|-----------|----------|
| U16 | 58.17 | SAVANNAH SUTHERLAND | 03 | STFC | REGINA | 10/02/18 |
| | 57.49 | *CHERYL ALLEN | 72 | AB-EH | SASKATOON | 01/03/86 |

400 METRES CON'T

| | | | | | | |
|--------|-------|---------------------|----|-------|---------------|----------|
| U18 | 56.99 | LISA KROLL | 65 | STC | EDMONTON, AB | 13/03/82 |
| | 55.3 | BEV BRITTON | 61 | RIV | MONTREAL, QUE | 04/03/78 |
| | 55.69 | *JILLIAN RICHARDSON | 65 | AB-CS | SASKATOON | 28/02/82 |
| U20 | 55.50 | GAIL HARRIS | 66 | YOR | TORONTO, ONT | 25/02/84 |
| SENIOR | 53.05 | LADONNA ANTOINE | 74 | RAT | IDAHO | 12/02/94 |
| | 52.78 | *JILLIAN RICHARDSON | 65 | AB-CS | SASKATOON | 08/01/93 |

500 METRES

| | | | | | | |
|--------|---------|--------------------|----|--------|-----------|----------|
| U16 | 1:18.69 | JENNIFER STAKIW | 81 | CEN | SASKATOON | 28/04/95 |
| | 1:17.84 | *JANICE ZAWASKI | 82 | AB-LED | SASKATOON | 26/04/96 |
| U18 | 1:17.59 | BRANDI ARMSTRONG | 84 | STFC | SASKATOON | 27/04/01 |
| | 1:15.48 | *JANICE ZAWASKI | 82 | AB-LED | SASKATOON | 30/04/99 |
| U20 | 1:16.49 | JENNIFER STAKIW | 81 | PRA | SASKATOON | 30/04/99 |
| | 1:15.00 | *TANYA WRIGHT | 81 | AB-LED | SASKATOON | 30/04/99 |
| SENIOR | 1:12.04 | GWEN WALL | 63 | RIV/US | SASKATOON | 29/12/84 |
| | 1:10.93 | *MOLLY KILLINGBECK | 59 | ON-YUO | SASKATOON | 29/12/84 |

600 METRES

| | | | | | | |
|---------------|----------------|------------------------|-----------|-----------|-----------------|-----------------|
| U16 | 1:37.24 | JENNIFER STAKIW | 81 | BRA | SASKATOON | 27/01/95 |
| U18 | 1:36.38 | DEIDRE EMERSON | 79 | CEN | SASKATOON | 26/01/96 |
| | 1:35.46 | *JILL MCDERMID | 68 | AB-CS | SASKATOON | 28/12/85 |
| U20 | 1:32.75 | CLARA WALL | 65 | US | SHERBROOKE, QUE | 10/03/84 |
| | 1:31.06 | *MAXINE SCRINGER | 68 | AB-UC | SASKATOON | 14/03/87 |
| SENIOR | 1:28.70 | JULIANNE LABACH | 96 | US | WINNIPEG | 09/03/19 |

800 METRES

| | | | | | | |
|---------------|----------------|------------------------|-----------|-----------|---------------|-----------------|
| U14 | 2:24.82 | NATALIA MCCULLOUGH | 01 | QCS | REGINA | 06/12/14 |
| | 2:23.94 | *JENNIFER PAUL | 94 | C'INT | REGINA | 24/03/07 |
| U16 | 2:15.65 | KAILEY SMITH | 86 | MJR | WINNIPEG, MB | 01/03/01 |
| U18 | 2:15.14 | CHLOE MCEACHERN | 00 | QCS | IDAHO | 19/02/16 |
| | 2:08.0 | *GLENDA REISER | 55 | ON-OKH | SASKATOON | 29/12/72 |
| U20 | 2:13.90 | ASHLYNN SIMON | 92 | QCS | WINNIPEG | 05/03/10 |
| | 2:08.0 | *GLENDA REISER | 55 | ON-OKH | SASKATOON | 29/12/72 |
| SENIOR | 2:06.26 | JULIANNE LABACH | 96 | US | BOSTON | 09/02/19 |
| | 2:03.72 | *CHARMAINE CROOKS | 62 | BC-KAJ | SASKATOON | 17/02/91 |

1000 METRES

| | | | | | | |
|---------------|----------------|------------------------|-----------|-----------|---------------|-----------------|
| U14 | 3:08.37 | BRANDIE ARMSTRONG | 84 | MEL | SASKATOON | 31/01/97 |
| | 3:06.35 | *JENNIFER PAUL | 94 | C'INT | SASKATOON | 16/03/07 |
| U16 | 3:01.52 | AMBER MCGOWN | 83 | TIS | SASKATOON | 25/04/98 |
| | 3:01.45 | *JENNIFER KEMP | 83 | LEDUC | SASKATOON | 25/04/98 |
| U18 | 2:58.89 | DEIDRE EMERSON | 79 | EAG | SASKATOON | 27/01/95 |
| | 2:55.91 | *TANYA WRIGHT | 81 | AB-LED | SASKATOON | 26/04/97 |
| U20 | 2:56.96 | DONNA BALEZANTIS | 65 | US | SASKATOON | 04/03/83 |
| | 2:50.21 | *TRISH WELLMAN | 64 | BC-UV | SASKATOON | 04/03/83 |
| SENIOR | 2:39.98 | JULIANNE LABACH | 96 | US | BOSTON | 08/02/19 |

1200 METRES

| | | | | | | |
|------------|----------------|----------------------|-----------|-------------|-----------------|-----------------|
| U14 | 3:51.90 | MOLLY LAKUSTIAK | 04 | RMSC | REGINA | 02/12/17 |
| U16 | 3:42.88 | ALEXIS LEWANS | 04 | RIVA | EDMONTON | 09/03/19 |

1500 METRES

| | | | | | | |
|---------------|----------------|--------------------------|-----------|-----------|-----------------|-----------------|
| U14 | 4:58.17 | GABRIELLE EDWARDS | 94 | RIV | SASKATOON | 16/03/07 |
| U16 | 4:42.61 | KARISSA LEPAGE | 91 | QCS | WINNIPEG | 03/03/06 |
| U18 | 4:38.9 | JANE BOLSTAD | 63 | WCK | REGINA | 08/02/80 |
| | 4:31.3 | *GLENDA REISER | 55 | ON-OKH | SASKATOON | 29/12/71 |
| U20 | 4:31.56 | DANETTE DOETZEL | 86 | QCS | WINNIPEG | 05/03/04 |
| | 4:16.3 | *GLENDA REISER | 55 | ON-OKH | SASKATOON | 29/12/73 |
| SENIOR | 4:18.66 | COURTNEY HUFSMITH | 98 | US | WINNIPEG | 09/03/19 |
| | 4:16.3 | *GLENDA REISER | 55 | ON-OKH | SASKATOON | 29/12/73 |

2000 METRES

| | | | | | | |
|------------|----------------|----------------------|-----------|-------------|-----------------|-----------------|
| U16 | 6:34.71 | ALEXIS LEWANS | 04 | RIVA | EDMONTON | 10/03/19 |
|------------|----------------|----------------------|-----------|-------------|-----------------|-----------------|

3000 METRES

| | | | | | | |
|---------------|----------------|--------------------------|-----------|-----------|---------------|-----------------|
| U16 | 9:57.24 | KARISSA LEPAGE | 91 | QCS | WINNIPEG | 04/03/06 |
| U18 | 9:57.24 | KARISSA LEPAGE | 91 | QCS | WINNIPEG | 04/03/06 |
| U20 | 9:39.30 | KENDRA SCHAAF | 90 | QCS | WINNIPEG | 02/02/08 |
| | 9:38.08 | *MARGARET McDONALD | 62 | NB-UNB | SASKATOON | 14/03/81 |
| SENIOR | 9:08.47 | COURTNEY HUFSMITH | 98 | US | BOSTON | 08/02/19 |

5000 METRES

| | | | | | | |
|---------------|----------|-----------------|----|----------|-------|----------|
| SENIOR | 16:00.45 | DANETTE DOETZEL | 86 | PROV/QCS | TEXAS | 13/03/09 |
|---------------|----------|-----------------|----|----------|-------|----------|

3km RACE WALK

| | | | | | | |
|---------------|----------|-------------------|----|-----|-----------|----------|
| U16 | 18:15.06 | BRANDI ARMSTRONG | 84 | CEN | SASKATOON | 30/01/98 |
| U18 | 16:33.67 | CAITLIN WARKENTIN | 89 | RIV | EDMONTON | 06/03/05 |
| U20 | 16:33.67 | CAITLIN WARKENTIN | 89 | RIV | EDMONTON | 06/03/05 |
| SENIOR | 16:33.67 | CAITLIN WARKENTIN | 89 | RIV | EDMONTON | 06/03/05 |

50 METRE HURDLES

| | | | | | | |
|---------------|------|--------------------|----|--------|-----------|----------|
| U16 | 8.23 | ANNE-MARIE LAMBERT | 74 | NBL | EDMONTON | 09/12/89 |
| U18 | 7.57 | ANNE-MARIE LAMBERT | 74 | NBL | EDMONTON | 08/12/90 |
| U20 | 7.64 | SHELLEY RUECKER | 64 | YOR | EDMONTON | 13/03/82 |
| | 7.50 | *NANCY MCGUAIG | 65 | MA-TAK | SASKATOON | 03/03/84 |
| SENIOR | 7.09 | DIANE JONES | 51 | PGC | EDMONTON | 09/03/75 |

60 METRE HURDLES

| | | | | | | |
|------------|-------------|----------------------------|-----------|-------------|------------------|-----------------|
| U14 | 9.46 | JANINE POLISCHUK | 85 | RAT | REGINA | 20/02/98 |
| U16 | 8.78 | SAVANNAH SUTHERLAND | 03 | STFC | SASKATOON | 01/12/18 |
| U18 30" | 8.56 | JENNI HUCUL | 88 | STFC | WINNIPEG | 04/03/05 |
| U18 33" | 8.94 | MICHELLE YOUNG | 92 | STFC | SASKATOON | 05/12/09 |
| U20 | 8.63 | LISA SORON | 79 | US | WINDSOR | 14/03/98 |
| | 8.63 | JENNI HUCUL | 88 | UOFS/STFC | MONTREAL | 10/03/07 |
| | 8.50 | *CASSANDRA GRENKE | 97 | ALB-LEGA | SASKATOON | 27/02/16 |
| SENIOR | 8.04 | BRIANNE THEISEN-EATON | 88 | UNSK | PORTLAND | 18/03/16 |

WOMEN'S INDOOR FIELD RECORDS

as of DECEMBER 2019

POLE VAULT

| | | | | | | |
|--------|-------|------------------|----|--------|---------------|----------|
| U16 | 3.40m | THERESA WIEBE | 87 | RIV | SASKATOON | 07/12/02 |
| U18 | 3.71m | LEAH VAUSE | 87 | RIV | SASKATOON | 21/12/04 |
| U20 | 4.00m | ADRIANNE VANGOOL | 85 | RIV | SASKATOON | 08/07/03 |
| | 4.00m | ADRIANNE VANGOOL | 85 | RIV/US | WINDSOR | 12/03/04 |
| SENIOR | 4.60m | KELSIE HENDRY | 82 | RIVA | FLAGSTAFF, AZ | 16/02/12 |

HIGH JUMP

| | | | | | | |
|--------|------------------|----------------------------|---------------|----------------|----------------------|---------------------|
| U14 | 1.66m | MICHELLE DUNLOP | 62 | YOR | SASKATOON | 29/12/75 |
| U16 | 1.68m | ANGELLA COLLINGE | 83 | UNA | EDMONTON | 28/11/98 |
| | 1.68m | JANINE POLISCHUK | 85 | RAT | WINNIPEG | 04/03/99 |
| | 1.75m | *CORALEA BROWN | 72 | AB-SPC | SASKATOON | 15/03/87 |
| U18 | 1.71m | SHELLEY RUECKER | 64 | YOR | SASKATOON | 30/12/80 |
| | 1.71m | BRANDY WEHRHAHN | 75 | BIG | SASKATOON | 03/01/92 |
| | 1.71m | ANGELLA COLLINGE | 83 | UNA | EDMONTON | 06/03/99 |
| | 1.80m | *WHITNEY EVANS | 80 | AB-WAR | SASKATOON | 11/01/97 |
| U20 | 1.74m | ANGELLA COLLINGE | 83 | US | EDMONTON | 09/02/02 |
| | 1.80m | *WHITNEY EVANS | 80 | AB-WAR | SASKATOON | 11/01/97 |
| SENIOR | 1.88m | BRIANNE THEISEN | 88 | ORE/UNA | IDAHO | 10/03/12 |
| | 1.91m | *JENNIFER HERRL | 53 | HBC | SASKATOON | 29/12/77 |

LONG JUMP

| | | | | | | |
|--------|-------|-----------------------|----|------|-----------|----------|
| U14 | 5.06m | JANINE POLISCHUK | 85 | RAT | REGINA | 05/12/98 |
| U16 | 5.57m | JANINE POLISCHUK | 85 | RAT | SASKATOON | 29/01/00 |
| U18 | 5.68m | JANINE POLISCHUK | 85 | RAT | SASKATOON | 12/01/02 |
| U20 | 5.83m | KATELYN LEHNER | 95 | UNSK | EDMONTON | 21/02/14 |
| SENIOR | 6.42m | BRIANNE THEISEN-EATON | 88 | UNA | PORTLAND | 18/03/16 |

TRIPLE JUMP

| | | | | | | |
|--------|--------|-----------------|----|---------|-----------|----------|
| U16 | 11.72m | CHLOE HETHERTON | 92 | SMA | SASKATOON | 16/03/07 |
| U18 | 12.28m | CHLOE HETHERTON | 92 | SMA | SASKATOON | 26/01/08 |
| U20 | 12.74m | CHLOE HETHERTON | 92 | UA/STFC | LEXINGTON | 14/01/11 |
| SENIOR | 12.87m | TRACY DULMAGE | 71 | RAT | WYOMING | 20/01/95 |

SHOT PUT

| | | | | | | |
|----------------|---------------|---------------------------|-----------|-------------|------------------|-----------------|
| U14 3kg | 11.16m | MELISSA CROWDIS | 03 | YLTC | SASKATOON | 17/12/16 |
| U14 | 13.16m | MEGAN JORDISON | 85 | CVC | SASKATOON | 29/11/98 |
| U16 3kg | 12.52m | MELISSA CROWDIS | 03 | YLTC | REGINA | 08/12/18 |
| U16 | 11.56m | SHANNON KEKULA | 66 | MMT | SASKATOON | 30/12/81 |
| | 11.87m | *SUZANNE DANDENAULT | 70 | MB-AOT | SASKATOON | 28/12/85 |
| U18 3kg | 13.35m | NICOLE KRAMCHYNSKY | 01 | STFC | SASKATOON | 15/12/18 |
| U18 | 12.56m | TARYN SUTTIE | 90 | RIV | SASKATOON | 17/03/07 |
| | 12.90m | *SUZANNE DANDENAULT | 70 | MB-AOT | SASKATOON | 28/12/86 |
| U20 4kg | 14.68m | TARYN SUTTIE | 90 | US/STFC | SASKATOON | 19/12/09 |
| SENIOR 4kg | 17.66m | TARYN SUTTIE | 90 | UNSK | FINDLAY,OH | 12/02/16 |

WEIGHT THROW

| | | | | | | |
|------------|--------|-------------------|----|-----------|------------|----------|
| U18 16lb | 14.93m | BROOKE SHATKOWSKI | 97 | EXCEL | REGINA | 08/02/14 |
| U18 20lb | 13.82m | CHELSEA REVOY | 89 | TIS | REGINA | 02/12/06 |
| U20 20lb | 17.32m | TARYN SUTTIE | 90 | US/STFC | SASKATOON | 19/12/09 |
| SENIOR20lb | 19.55m | TARYN SUTTIE | 90 | US / STFC | SHERBROOKE | 10/03/11 |

PENTATHLON

| | | | | | | |
|------------|--------------|---|-----------|-----------|-----------------|-----------------|
| U16 | 2644PTS | RACHEL ALBERTSON | 03 | STFC | EDMONTON | 18/02/18 |
| | | 60M HURDLES - 8.34 HIGH JUMP - 1.38m SHOT PUT – 7.52m LONF JUMP – 4.95m 800m – 2:47.27 | | | | |
| U18 | 3543 | JANINE POLISCHUK | 85 | RAT | EDMONTON | 09/02/02 |
| | | 60 METER HURDLES 9.15 SHOT PUT 9.48m HIGH JUMP 1.61m LONG JUMP 5.58m 800 METERS 2:29.54 | | | | |
| U20 | 3756 | NICOLE OSTERTAG | 00 | US | WINNIPEG | 07/03/19 |
| | | 60 METER HURDLES 8.78 HIGH JUMP 1.64m SHOT PUT 10.21m LONG JUMP 5.48m 800 METERS 2:23.23 | | | | |
| SENIOR | 4881 CAN REC | BRIANNE THEISEN | 88 | UNSK | PORTLAND | 18/03/16 |
| | | 60 METER HURDLES 8.043 SHOT PUT 13.70m HIGH JUMP 1.85m LONG JUMP 6.42m 800 METERS 2:09.99 | | | | |

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2
3
as of December 2019

WOMEN'S INDOOR RELAY RECORDS

4 X 100 METER RELAY

| | | | | | |
|--------|-------|--------------------------|----|--------------|----------|
| U14 | 53.02 | RIVERSDALE ATHLETIC CLUB | | SASKATOON | 06/12/03 |
| | | MORGAN HEDMAN | 90 | | |
| | | ERICA CROTEAU | 90 | | |
| | | JOCELYN BELLAMY | 90 | | |
| | | LEAH WECKWORTH | 90 | | |
| U16 | 50.82 | SASKATOON TRACK CLUB | | WINNIPEG | 04/03/17 |
| | | SAVANNAH SUTHERLAND | 03 | | |
| | | PAIGE WILLEMS | 02 | | |
| | | JOELIE HELMECZI | 02 | | |
| | | KYLA HEIDT | 02 | | |
| U18 | 48.71 | SASKATOON TRACK & FIELD | | WINNIPEG, MB | 08/03/03 |
| | | JAIME CRUICKSHANK | 86 | | |
| | | JENNI HUCUL | 88 | | |
| | | JAYNE REGIER | 87 | | |
| | | AYANFE OLUBOBOKUN | 86 | | |
| U20 | 47.32 | RIVERSDALE ATHLETICS | | WINNIPEG | 05/03/99 |
| | | NICOLE BUCHHOLZ | 82 | | |
| | | LINDSAY BOYD | 80 | | |
| | | KARLYN SERBY | 81 | | |
| | | DEANNE MENGEL | 80 | | |
| SENIOR | 47.32 | RIVERSDALE ATHLETICS | | WINNIPEG | 05/03/99 |
| | | NICOLE BUCHHOLZ | 82 | | |
| | | LINDSAY BOYD | 80 | | |
| | | KARLYN SERBY | 81 | | |
| | | DEANNE MENGEL | 80 | | |

4 X 200 METERS

| | | | | | |
|-----|---------|---------------------|----|-----------|----------|
| U14 | 2:03.90 | QUEEN CITY STRIDERS | | WINNIPEG | 03/03/12 |
| | | RACHEL EVANS | 99 | | |
| | | JORDAN WENGER | 00 | | |
| | | JAIDA TREMBLEY | 99 | | |
| | | HEATHER MCARTHUR | 99 | | |
| U16 | 1:47.51 | SASKATOON TRACK FC | | SASKATOON | 12/01/18 |
| | | SAVANNAH SUTHERLAND | 03 | | |
| | | RACHEL ALBERTSON | 03 | | |
| | | OLAMIDE OLALOKU | 03 | | |
| | | TEAGAN JASIENIUKE | 03 | | |

| | | | | | |
|--------------|---------|----------------------------|----|-----------|----------|
| U18 | 1:45.84 | SASKATOON TRACK CLUB | | SASKATOON | 12/01/19 |
| | | SAVANNAH SUTHERLAND | 03 | | |
| | | KYLA HEIDT | 02 | | |
| | | PAIGE WILLEMS | 02 | | |
| | | OLAMIDE OLALOKU | 03 | | |
| U20 | 1:39.72 | RIVERSDALE ATHLETICS | | WINNIPEG | 06/03/99 |
| | | NICOLE BUCHHOLZ | 82 | | |
| | | LINDSAY BOYD | 80 | | |
| | | KARLYN SERBY | 81 | | |
| | | DEANNE MENGEL | 80 | | |
| SENIOR | 1:37.57 | UNIV OF SASK | | MONTREAL | 11/03/00 |
| | | LINDSAY BOYD | 80 | | |
| | | KIM MOFFATT | 77 | | |
| | | KARLYN SERBY | 81 | | |
| | | DEANNE MENGEL | 80 | | |
| | 1:37.16 | *USA | | SASKATOON | 04/02/06 |
| | | 4 X 400 METER RELAY | | | |
| U16 | 4:14.95 | RIVERSDALE ATHLETIC CLUB | | SASKATOON | 24/01/04 |
| | | AMANDA BUCHKO | 89 | | |
| | | MCKENZIE HEDMAN | 89 | | |
| | | KATE JOHNSON | 89 | | |
| | | LISA BRASSINGTON | 89 | | |
| | 4:13.77 | *LEDUC TRACK CLUB | | SASKATOON | 29/04/95 |
| U18 U20 | 4:03.41 | SASKATOON TRACK CLUB | | WINNIPEG | 03/03/13 |
| | | ERICA LADHAM | 97 | | |
| | | RACHEL ROSIN | 96 | | |
| | | EMILY COGHILL | 99 | | |
| | | SARA MURRAY | 97 | | |
| U18 & U20 | 3:52.51 | *CALGARY SPARTANS | | SASKATOON | 28/12/84 |
| | | JILL MCDERMID | 68 | | |
| | | HEATHER MCDERMID | 68 | | |
| | | MAXINE SCRINGER | 68 | | |
| | | CHERYL CURDA | 68 | | |
| SENIOR | 3:44.93 | UNIV OF SASK | | WINNIPEG | 10/03/12 |
| | | MORGAN SAWATZKY | 91 | | |
| | | SHARAI SIEMENS | 88 | | |
| | | AMANDA BANKS | 91 | | |
| | | KATRIN RITCHIE | 92 | | |

4 X 800 METER RELAY

| | | | | | |
|--------|----------|----------------------|----|-----------|----------|
| U16 | 10:13.50 | RIVERSDALE ATHLETICS | | SASKATOON | 24/01/03 |
| | | MCKENZIE HEDMAN | 89 | | |
| | | LISA BRASSINGTON | 89 | | |
| | | KATE JOHNSON | 89 | | |
| | | MAGGIE MCBRIDE | 88 | | |
| U18 | 9:51.37 | RIVERSDALE ATHLETICS | | SASKATOON | 25/01/08 |
| | | GABRIELLE EDWARDS | 94 | | |
| | | KIMBERLY DMYTERKO | 93 | | |
| | | ABBY MILLER | 92 | | |
| | | RACHAEL EDWARDS | 91 | | |
| U20 | 9:28.4h | UOFS | | SASKATOON | 25/01/13 |
| | | GABRIELLE EDWARDS | 94 | | |
| | | MACKENZIE CHARTIER | 94 | | |
| | | TYE BUETTNER | 94 | | |
| | | BROOKE MENTANKO | 94 | | |
| SENIOR | 8:57.18 | UNIV OF SASK | | SASKATOON | 04/03/83 |
| | | DONNA BALEZANTIS | 65 | | |
| | | TERESA HLADY | 64 | | |
| | | LEILA PRESTON | 61 | | |
| | | LESIA PILLIPOW | 63 | | |
| SENIOR | 8:46.94 | *VICTORIA UNIVERSITY | | REGINA | 22/02/13 |
| | | RACHEL FRANCOIS | 93 | | |
| | | KENDRA POMFRET | 93 | | |
| | | GRACE ANNEAR | 93 | | |
| | | JENICA MOORE | 93 | | |

MEDLEY RELAYS**(200 - 100 - 100 - 400)**

| | | | | | |
|-----|---------|----------------------|----|-----------|----------|
| U14 | 1:57.87 | SASKATOON TRACK CLUB | | SASKATOON | 28/12/84 |
| | | LORNA CZINKOTA | 71 | | |
| | | CARRIE BEDIER | 71 | | |
| | | DEBRA UMPHERVILLE | 71 | | |
| | | HANNAH STEWART | 71 | | |

MEDLEY RELAYS

(200 - 100 - 100 - 400)

| | | | | |
|-----|---------|----------------------|-----------|----------|
| U16 | 1:52.50 | STFC | SASKATOON | 17/03/18 |
| | | RACHEL ALBERSTON | 03 | |
| | | OLAMIDE OLALOKU | 03 | |
| | | SHAYNE CROSS-WOROBEC | 04 | |
| | | SAVANNAH SUTHERLAND | 03 | |

(200 - 100 - 100 - 400)

| | | | | |
|-----|---------|----------------------|-----------|----------|
| U18 | 1:51.42 | SASKATOON TRACK CLUB | SASKATOON | 21/03/09 |
| | | MICHELLE YOUNG | 92 | |
| | | JENNA MANN | 92 | |
| | | JANELLE LOWEN | 92 | |
| | | MEGAN FLAVEL | 92 | |

(400 - 200 - 200 - 800)

| | | | | |
|----------|--------|----------------------|-----------|----------|
| U20 & SR | 4:27.1 | SASKATOON TRACK CLUB | SASKATOON | 14/02/81 |
| | | JEANNE McSHEFFREY | 63 | |
| | | DONNA BALEZANTIS | 65 | |
| | | LISA KROLL | 65 | |
| | | BRENDA CHERNENKOFF | 63 | |

| | | | | |
|--------|---------|------------------|-----------|----------|
| SENIOR | 3:59.81 | UNIV OF WATERLOO | SASKATOON | 14/03/81 |
| | | FAYE BLACKWOOD | 57 | |
| | | LESLIE ESTWICK | 60 | |
| | | ANDREA PAGE | 56 | |
| | | LISA AMSDEN | 59 | |

**ELEMENTARY SCHOOL
RELAYS**

4 X 100 METER RELAYS

| | | | | |
|------------------|-------|-----------------|-----------|----------|
| UNDER 13 YRS | 56.00 | BROWNELL SCHOOL | SASKATOON | 31/01/95 |
| UNDER 15 YRS | 53.03 | BISHOP KLEIN | SASKATOON | 11/04/81 |
| H.S. FRESHMEN | 53.69 | ADEN BOWMAN | SASKATOON | 28/12/85 |
| HIGH SCHOOL | 52.34 | HOLY CROSS | SASKATOON | 31/01/81 |

8 X 100 METER RELAYS

| | | | | |
|-----------------|---------|-----------------|-----------|----------|
| UNDER 13 YRS | 1:56.77 | ST. ANNE SCHOOL | SASKATOON | 01/03/86 |
| UNDER 15 YRS | 1:50.43 | ROLAND MICHENER | SASKATOON | 01/05/99 |