

## 2014 Outdoor Rankings Master Men

Time/Dist		Athlete		Date		Location
<b>50 Metres</b>						
6.64	0.5	Chad Kichula	76	EXCL	14/06/2014	Regina
6.88	0.5	Colin Ellis	67	EXCL	14/06/2014	Regina
8.13	0.5	Ted Rowan	33	SCTM	14/06/2014	Regina
9.26	0.5	Roland Delhomeau	45	SCTM	14/06/2014	Regina
Wind/No Wind						
6.62	4.7	Chad Kichula	76	EXCL	10/05/2014	Regina
6.78	4.7	Colin Ellis	67	EXCL	10/05/2014	Regina
<b>100 Metres</b>						
12.21	-0.7	Chad Kichula	76	EXCL	14/06/2014	Regina
12.66	-0.7	Colin Ellis	67	EXCL	14/06/2014	Regina
15.60	1.7	Ted Rowan	33	SCTM	29/06/2014	Toronto
16.35	1.2	Doug Renwick	35	SCTM	14/06/2014	Regina
Wind/No Wind						
12.03	3.7	Chad Kichula	76	EXCL	10/05/2014	Regina
12.09	3.7	Tim Sebulsky	77	UNSK	10/05/2014	Regina
12.46	3.7	Colin Ellis	67	EXCL	10/05/2014	Regina
13.45	3.3	Marcel D'Eon	53	RIVA	10/06/2014	Saskatoon
13.82	3.7	Brent McPherson	54	UNSK	10/05/2014	Regina
15.32	3.5	Ted Rowan	33	SCTM	05/07/2014	Montana
<b>200 Metres</b>						
25.31	0.3	Chad Kichula	76	EXCL	14/06/2014	Regina
26.48	0.3	Colin Ellis	67	EXCL	14/06/2014	Regina
30.78	0.3	Larry Longmore	51	EXCL	14/06/2014	Regina
Wind/No Wind						
25.36	3.4	Tim Sebulsky	77	UNSK	10/05/2014	Regina
26.11	3.4	Colin Ellis	67	EXCL	10/05/2014	Regina
29.21	3.4	Brent McPherson	54	UNSK	10/05/2014	Regina

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Time/Dist		Athlete			Date	Location
<b>400 Metres</b>						
1:01.93		Colin Ellis	67	EXCL	10/05/2014	Regina
1:17.51		Doug Renwick	35	SCTM	14/06/2014	Regina
1:33.16		Ted Rowan	33	SCTM	05/07/2014	Montana
1:39.34		Hylke Van der Wal	38	UNSK	14/06/2014	Regina
<b>800 Metres</b>						
2:49.30		Grant Van Eaton	60	JPRC	10/05/2014	Regina
4:35.55		Hylke Van der Wal	38	UNSK	29/06/2014	Toronto
<b>1500 Metres</b>						
5:17.33		John Svec	65	UNSK	14/06/2014	Regina
5:57.45		Dave Olsen	55	UNSK	14/06/2014	Regina
6:31.68		Doug Renwick	35	SCTM	14/06/2014	Regina
8:57.27		Ted Rowan	33	SCTM	05/07/2014	Montana
<b>3000 Metres</b>						
12:00.07		Dave Olsen	55	UNSK	10/05/2014	Regina
<b>5000 Metres</b>						
17:18.29		Gerry Nagy	62	JPRC	14/06/2014	Regina
18:30.31		Shaun Hesse	73	JPRC	14/06/2014	Regina
18:46.29		John Svec	65	UNSK	14/06/2014	Regina
20:46.23		Dave Olsen	55	UNSK	14/06/2014	Regina
<b>80 Metre Hurdles</b>						
18.23	0.7	Ted Rowan	33	SCTM	05/07/2014	Montana
<b>100 Metre Hurdles</b>						
18.48	0.6	Doug Renwick	35	SCTM	14/06/2014	Regina
<b>200 Metre Hurdles</b>						
46.25	NWI	Hylke Van der Wal	38	UNSK	29/06/2014	Toronto

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<b>300 Metre Hurdles</b>				
1:23.02	Hylke Van der Wal	38 UNSK	14/06/2014	Regina
<b>2000m Steeplechase</b>				
16:39.29	Hylke Van der Wal	38 UNSK	29/06/2014	Toronto
<b>High Jump</b>				
1.35m	Larry Longmore	51 EXCL	14/06/2014	Regina
1.20m	Roland Delhomeau	45 SCTM	29/06/2014	Toronto
1.14m	Ted Rowan	33 SCTM	05/07/2014	Montana
1.10m	Doug Renwick	35 SCTM	14/06/2014	Regina
<b>Pole Vault</b>				
2.00m	Doug Renwick	45 SCTM	14/06/2014	Regina
1.80m	Ted Rowan	33 SCTM	05/07/2014	Montana
<b>Long Jump</b>				
3.76m	-1.6 Ted Rowan	33 SCTM	29/06/2014	Toronto
3.60m	1.5 Doug Renwick	45 SCTM	14/06/2014	Regina
2.59m	0.0 Hylke Van der Wal	38 UNSK	14/06/2014	Regina
<b>Triple Jump</b>				
7.79m	0.0 Roland Delhomeau	45 SCTM	14/06/2014	Regina
7.22m	0.0 Ted Rowan	33 SCTM	14/06/2014	Regina
<b>Shot Put</b>				
10.83m	Don Brodeur	51 UNSK	14/06/2014	Regina
10.52m	Art Battiste	42 SCTM	07/09/2014	Saskatoon
10.50m	Brian Berquist	53 RIVA	14/06/2014	Regina
9.12m	Ted Rowan	33 SCTM	14/06/2014	Regina
8.31m	Bob Edwards	40 YLTC	07/09/2014	Saskatoon
7.71m	Roland Delhomeau	45 SCTM	10/06/2014	Saskatoon
6.07m	Doug Renwick	45 SCTM	14/06/2014	Regina

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<b>Discus</b>				
38.52m	Brian Berquist	53 RIVA	15/07/2014	Saskatoon
36.14m	Don Brodeur	51 UNSK	14/06/2014	Regina
28.84m	Art Battiste	42 SCTM	07/09/2014	Saskatoon
28.83m	Kelly Shumay	66 UNSK	10/05/2014	Regina
27.85m	Roland Delhomeau	45 SCTM	15/07/2014	Saskatoon
26.02m	Ted Rowan	33 SCTM	07/09/2014	Saskatoon
24.68m	Bob Edwards	40 YLTC	14/06/2014	Regina
17.95m	Doug Renwick	45 SCTM	14/06/2014	Regina
<b>Hammer</b>				
30.60m	Don Brodeur	51 UNSK	14/06/2014	Regina
30.01m	Bob Edwards	40 YLTC	07/09/2014	Saskatoon
29.25m	Kelly Shumay	66 UNSK	14/06/2014	Regina
29.12m	Art Battiste	42 SCTM	15/07/2014	Saskatoon
27.45m	Brian Berquist	53 RIVA	07/09/2014	Saskatoon
23.93m	Ted Rowan	33 SCTM	07/09/2014	Saskatoon
<b>Javelin</b>				
37.13m	Kelly Shumay	66 UNSK	14/06/2014	Regina
35.85m	Larry Longmore	51 EXCL	14/06/2014	Regina
35.72m	Brian Berquist	53 RIVA	07/09/2014	Saskatoon
26.35m	Roland Delhomeau	45 SCTM	15/07/2014	Saskatoon
25.02m	Art Battiste	42 SCTM	07/09/2014	Saskatoon
23.48m	Ted Rowan	33 SCTM	05/07/2014	Montana
20.02m	Bob Edwards	40 YLTC	07/09/2014	Saskatoon
15.26m	Doug Renwick	45 SCTM	14/06/2014	Regina
<b>Weight Throw</b>				
15.02m	Don Brodeur	51 UNSK	14/06/2014	Regina
13.73m	Bob Edwards	40 YLTC	14/06/2014	Regina
11.97m	Ted Rowan	33 SCTM	07/09/2014	Saskatoon
10.56m	Brian Berquist	53 RIVA	07/09/2014	Saskatoon
10.13m	Art Battiste	42 SCTM	07/09/2014	Saskatoon
<b>Pentathlon</b>				
2099pts	Roland Delhomeau	45 SCTM	29/06/2014	Toronto
35.71 (NWI) 200m; 3.39m (NWI) LJ; 28.13m DT; 25.47m JT; 7:19.29 1500m				

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Time/Dist	Athlete	Date	Location
<b>Decathlon</b>			
6652pts	Ted Rowan 33 SCTM	05/07/2014	Montana
	15.32 (3.5) 100m;3.68m (0.6) LJ;8.77m SP;1.14m HJ;1:33.16 400m; 18.23 (0.7) 80mH;22.51m DT;1.8m PV;23.48m JT;8.57.27 1500m		
1716pts	Doug Renwick 45 SCTM	14/06/2014	Regina
	16.35 (NWI) 100m;3.60m (1.5) LJ;6.07m SP;1.10m HJ;1:17.52 400m; 18.48 (0.6) 80mH; 17.95m DT; 2.00m PV; 15.26m JT; 6.31.68 1500m		
<b>Weight Pentathlon</b>			
3338pts	Ted Rowan 33 SCTM	07/09/2014	Saskatoon
	23.93m HT; 8.96m SP; 26.02m DT; 20.86m JT; 11.97m WT		
2880pts	Brian Berquist 53 RIVA	07/09/2014	Saskatoon
	27.45m HT; 10.40m SP; 37.62m DT; 35.72m JT; 10.56m WT		
2897pts	Art Battiste 42 SCTM	07/09/2014	Saskatoon
	27.83m HT; 10.52m SP; 28.84m DT; 25.02m JT; 10.13m WT		
2532pts	Bob Edwards 40 YLTC	07/09/2014	Saskatoon
	30.01m HT; 8.31m SP; 23.66m DT; 20.02m JT; 10.38m WT		