

# 2019 Saskatchewan Aboriginal Indoor Track and Field Championships

## Schedule of Events

Friday April 5, 2019

		HJ #1	HJ #2	LJ #1	LJ #2	LJ #3	Shot Put
7:00pm	U12 Women 150m Timed Final Bibs	U16 Men			U18 Men	U14 Men	Women
7:20pm	U12 Men 150 Timed Final Bibs						U18/Op/Mas
7:30pm				U12 Women			
7:40pm	U14 Women 150m Timed Final bibs		U12 Men				
8:00pm	U14 Men 150m Timed Final Bibs						
8:20pm	U16 Women 200m Timed Final						U14 Wom
8:30pm	U16 Men 200m Timed Final						
8:40pm	U18 Women 200m Timed Final						
8:50pm	U18 Men 200m Timed Final						
9:00pm	S/O Both 200m						
9:10pm	Open Women 200m Timed Final						
9:20pm	Open Men 200m Timed Final						
9:30pm	Masters Women 200m Timed Final						
9:40pm	Masters Men 200m Timed Final						
9:50pm	Masters 3000m Men & Women						

Long Jump Pit #1 beside bleachers

Long Jump / Triple Jump Pit #2 west  
infield

Long Jump Pit #3 east infield

## Saturday April 6, 2019

### NOTE

60m Final will be run at Heat time if 8 or fewer

		HJ #1	HJ #2	LJ #1	Triple Jump	LJ #3	Shot Put
					women		Men
9:00	Special O 60m combined M/F				U18/Op/Mas	U12 Men	U18/Op/Mas
9:15	U14 Men 60m Heats (use Bibs)						
9:30	U14 Women 60m Heats (use Bibs)						
9:45			U14 men				
10:00	U12 Women 60m Heats (use Bibs)	Women		U14 Women			
10:30	U12 Men 60m Heats (use Bibs)	U18/Op/Mas					
10:45							
10:50	U16 Women 60m Heats (Bibs)				Men		
11:00					U18/Op/Mas		U12 Men
11:05	U16 Men 60m Heats (Bibs)					U16Wom	
11:20	U18 Women 60m Heats						
11:35	U18 Men 60m Heats						
11:48	Mast/Open Women 60m Heats						
12:10	Mast/Open Men 60m Heats						
	Lunch Break						
12:45	CELEBRITY 4x100 Relay						
1:30	U16 Women 1200m	U14 Women	U12 Women	SO Both			U14 Men
1:45	U16 Men 1200m				U16 Women		
2:00	Mas/Open / U18 Women 1500m			U16 Men			
2:15	Mas/Open / U18 Men 1500m & SO						

	<b>Saturday April 6, 2019</b> (Con't)	<b>HJ #1</b>	<b>HJ #2</b>	<b>LJ #1</b>	<b>Triple Jump</b>	<b>LJ #3</b>	<b>Shot pPut</b>
2:30	U12 Women 60m Final (Bibs)						
2:35	U12 Men 60m Final (Bibs)						U16 Women
2:40	U14 Women 60m Final (Bibs)						S/O both
2:45	U14 Men 60m Final (Bibs)						
2:50	U16 Women 60m Final (Bibs)						
2:55	U16 Men 60m Final (Bibs)	Men					
3:00	U18 Women 60m Final	U18/Ope/Ma					
3:05	U18 Men 60m Final						
3:10	Open Women 60m Final						
3:15	Open Men 60m Final				U16 Men	Wom/Mas/Open	
3:20	Masters Women 60m Final						Shot Put
3:25	Masters Men 60m Final						U12 Women
3:35	U16 Women 300m Timed Final						
3:45	U16 Men 300m Timed Final						
3:55	U18 Women 400m Timed Final						
4:05	U18 Men 400m Timed Final						
4:15	Mas/Open Women 400m Timed Final						
4:25	Mas/Open Men 400m Timed Final						

	<b>Sunday April 7, 2019</b>	<b>HJ</b>		<b>LJ #2</b>		<b>LJ #3</b>	<b>Shot Put</b>
9:30am	U12 Women 800m Timed Final	U16 Wom		Mas/Open men		U18 Women	U16 Men
9:45am	U12 Men 800m Timed Final						
10:00am	U14 Women 800m Timed Final						
10:15am	U14 Men 800m Timed Final						
10:30am	U16 Women 800m Timed Final						
10:45am	U16 Men 800 Timed Final						
11:00am	U18 Women 800m Timed Final						
11:15am	U18 Men 800m Timed Final						
11:30am	Masters & Open 800m Women Timed Final						
11:45am	Masters & Open 800m Men Timed Final						