

2019 Indoor Rankings Master Men

Time/Dist	Athlete		Date	Location	
50 Metres					
6.52	Curtis Buhs	85	ECTS	15/03/2019	Saskatoon
7.49	Marcel D'Eon	53	RIVA	15/03/2019	Saskatoon
60 Metres					
7.32	Mike Taylor	81	PAAC	01/12/2018	Saskatoon
7.54	Chad Kichula	76	EXCL	08/02/2019	Regina
7.59	Curtis Buhs	85	ECTS	11/01/2019	Saskatoon
7.74	Tim Sebulsky	77	UNSK	08/03/2019	Alberta
7.98	Colin Ellis	67	EXCL	08/12/2018	Regina
8.11	Ian Munro	83	EXCL	08/12/2018	Regina
8.22	Cory Gelowitz	73	EXCL	08/12/2018	Regina
8.76	Marcel D'Eon	53	RIVA	01/12/2018	Saskatoon
9.21	Gary Augustyn	71	DATC	24/01/2019	Saskatoon
9.38	Dale Lawrence	58	UNSK	08/03/2019	Alberta
10.16	Randy Warick	49	SCTM	08/03/2019	Alberta
10.74	Roland Delhomeau	45	SCTM	24/01/2019	Saskatoon
Athlete with a Disability					
8.36	Janz Stein	81	EXCL	08/02/2019	Regina
100 Metres					
Athlete with a Disability					
19.17	Mark Beatty	84	SOSK	24/01/2019	Saskatoon
200 Metres					
24.61	Curtis Buhs	85	ECTS	15/03/2019	Saskatoon
26.58	Ian Munro	83	EXCL	08/03/2019	Alberta
27.11	Colin Ellis	67	EXCL	08/12/2018	Regina
28.33	Marcel D'Eon	53	RIVA	15/03/2019	Saskatoon
29.44	Brian Lewchuk	66	RIVA	15/03/2019	Saskatoon
34.44	Randy Warick	49	SCTM	08/03/2019	Alberta
39.33	Roland Delhomeau	45	SCTM	15/03/2019	Saskatoon

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Time/Dist	Athlete			Date	Location
300 Metres					
39.19	Chad Kichula	76	EXCL	24/01/2019	Saskatoon
40.23	Curtis Buhs	85	ECTS	11/01/2019	Saskatoon
42.33	Colin Ellis	67	EXCL	24/01/2019	Saskatoon
42.58	Ian Munro	83	EXCL	11/01/2019	Saskatoon
400 Metres					
54.95	Russell Neff	85	EXCL	08/02/2019	Regina
58.87	Ian Munro	83	EXCL	08/03/2019	Alberta
1:03.06	Colin Ellis	67	EXCL	08/03/2019	Alberta
1:08.19	Keith Meszaros	56	SCTM	08/03/2019	Alberta
1:11.47	Brian Lewchuk	66	RIVA	08/03/2019	Alberta
1:12.41	Marcel D'Eon	53	RIVA	08/02/2019	Regina
1:19.60	Erroll Simington	47	TEMW	08/02/2019	Regina
1:24.52	Doug Renwick	42	SCTM	08/03/2019	Alberta
500 Metres					
1:24.52	Doug Renwick	42	SCTM	08/03/2019	Alberta
1:38.66	Lyndon Smith	61	STFC	15/03/2019	Saskatoon
1:43.15	Erroll Simington	47	TEMW	15/03/2019	Saskatoon
1:43.27	Neil MacKay	54	STFC	15/03/2019	Saskatoon
600 Metres					
1:43.38	Harvey Weber	65	TEMW	01/12/2018	Saskatoon
800 Metres					
2:01.13	Russell Neff	85	EXCL	08/02/2019	Regina
2:09.95	Jeff Crawford	89	JPRC	08/02/2019	Regina
2:31.95	Harvey Weber	65	TEMW	08/03/2019	Alberta
2:37.73	Keith Meszaros	56	SCTM	08/03/2019	Alberta
2:59.57	Neil MacKay	54	STFC	24/01/2019	Saskatoon
3:02.60	Erroll Simington	47	TEMW	08/03/2019	Alberta
3:03.95	Lyndon Smith	61	STFC	08/03/2019	Alberta

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1000 Metres					
2:37.32	Russell Neff	85	EXCL	18/01/2019	Alberta
3:04.00	Trevor Jacek	81	UNSK	24/01/2019	Saskatoon
3:16.31	Harvey Weber	65	TEMW	24/01/2019	Saskatoon
1500 Metres					
4:09.47	Russell Neff	85	EXCL	01/03/2019	Manitoba
4:40.59	Jeff Crawford	89	JPRC	08/02/2019	Regina
4:49.76	Trevor Jacek	81	UNSK	15/03/2019	Saskatoon
5:12.31	Roland Delhomeau	45	SCTM	08/03/2019	Alberta
5:50.49	Dave Olsen	53	UNSK	08/03/2019	Alberta
6:20.62	Lyndon Smith	61	STFC	08/03/2019	Alberta
3000 Metres					
10:47.75	Trevor Jacek	81	UNSK	08/02/2019	Regina
11:40.38	Daniel Goncalves	89	DDAC	08/02/2019	Regina
One Mile					
4:30.34	Russell Neff	85	EXCL	11/01/2019	Saskatoon
60m Hurdles					
11.00	Doug Renwick	42	SCTM	08/03/2019	Alberta
11.67	Dale Lawrence	58	UNSK	08/02/2019	Regina
14.78	Roland Delhomeau	45	SCTM	08/03/2019	Alberta
High Jump					
1.40m	Dale Lawrence	58	UNSK	08/03/2019	Alberta
1.17m	Roland Delhomeau	45	SCTM	08/03/2019	Alberta
Pole Vault					
1.80m	Doug Renwick	42	SCTM	08/03/2019	Alberta

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Long Jump

6.22m	Jeff Harder	85	UOFS	11/01/2019	Saskatoon
4.58m	Brian Lewchuk	66	RIVA	08/03/2019	Alberta
4.32m	Dale Lawrence	58	UNSK	24/01/2019	Saskatoon
3.17m	Doug Renwick	42	SCTM	08/03/2019	Alberta
3.01m	Roland Delhomeau	45	SCTM	08/03/2019	Alberta

Athlete with a Disability

6.07m	Janz Stein	81	EXCL	08/02/2019	Regina
2.40m	Mark Beatty	84	SOSK	24/01/2019	Saskatoon

Triple Jump

10.06m	Brian Lewchuk	66	RIVA	15/03/2019	Saskatoon
9.39m	Dale Lawrence	58	UNSK	08/03/2019	Alberta
7.43m	Roland Delhomeau	45	SCTM	08/03/2019	Alberta

Shot Put

11.18m	Quinn Magnuson	71	DATC	15/03/2019	Saskatoon
10.88m	Michael Ehr	79	EXCL	08/02/2019	Regina
10.28m	Art Battiste	42	SCTM	15/03/2019	Saskatoon
10.22m	Dale Lawrence	58	UNSK	08/03/2019	Alberta
9.93m	Brian Berquist	53	RIVA	08/03/2019	Alberta
7.58m	Roland Delhomeau	45	SCTM	15/12/2018	Saskatoon
6.57m	Bob Edwards	40	YLTC	08/02/2019	Regina

Athlete with a Disability

3.64m	Mark Beatty	84	SOSK	24/01/2019	Saskatoon
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Weight Throw

12.25m	Quinn Magnuson	71	DATC	15/03/2019	Saskatoon
11.82m	Roland Delhomeau	45	SCTM	15/12/2018	Saskatoon
11.67m	Art Battiste	42	SCTM	15/03/2019	Saskatoon
10.45m	Michael Ehr	79	EXCL	08/03/2019	Alberta
9.12m	Brian Berquist	53	RIVA	08/03/2019	Alberta
8.74m	Bob Edwards	40	YLTC	08/12/2018	Regina

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Pentathlon

2027 pts Roland Delhomeau 45 SCTM 08/03/2019 Alberta
14.78 - 60mH/ 3.01m - LJ/ 7.55m - SP/ 1.17m - HJ/ 5:12.31 - 1000m